

ADULT PAROLE
COMMUNITY RESOURCE DIRECTORY
LINCOLN & SURROUNDING AREAS

2015

Adult Parole Administration keeps records of community service providers that provide services to parolees across the state. This information is reviewed annually. Although we try to maintain accurate and reliable information, we can not guarantee all information in this summary to be totally accurate. We suggest anyone interested in service delivery by a provider; contact that provider to determine if the service provider information is correct.

THE LINCOLN DISTRICT COMMUNITY RESOURCE SUMMARY WERE UPDATED BY REQUESTING EACH PAROLE OFFICER, WHO COVERS OR WORKS WITHIN THAT TERRITORY TO VERIFY THE CORRECT BUSINESS, PHONE NUMBER AND ADDRESSES AND TO EVALUATE THEIR CONTINUAL USE AS A REFERRAL SOURCE. THIS COVERS THE LINCOLN, GRAND ISLAND, NORTH PLATTE AND SCOTTSBLUFF PAROLE TERRITORIES FOR THE LINCOLN DISTRICT.

ANY PREVIOUS AGENCIES THAT ARE NO LONGER CURRENT WERE DELETED AND ANY NEW AGENCIES WERE ADDED TO THE RESOURCE SUMMARY.

IF, AS A USER OF THIS SUMMARY, YOU BECOME AWARE OF A RESOURCE THAT IS NOT LISTED, PLEASE CONTACT THE LINCOLN DISTRICT PAROLE OFFICE SO THAT THE RESOURCE CAN BE EVALUATED AND ADDED TO THIS DOCUMENT, AS APPROPRIATE. THANK YOU FOR ASSISTING LINCOLN DISTRICT PAROLE ADMINISTRATION IN KEEPING THIS DOCUMENT CURRENT.

The following services are listed for each of the parole service areas – Lincoln, Grand Island, North Platte and Scottsbluff. They are grouped by service area and then by the categories in the order as listed below.

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CRISIS LINES (24 HOUR)

Fire, Medical Emergency or Police ... 911

Non-emergency: Lincoln Police Department ... 441-6000

Poison Center: Children Hospital ... 1-800-222-1222/1-800-955-9119

Suicide/Mental Health: Community Mental Health Center of Lanc. Co. ... 441-7040

Youth or Family Crisis: (The Call,V/TDD)... ... 437-8888

Personal Crisis: Lincoln Personal Crisis Center ... 441-7040

Rape/Spouse Abuse: Rape/Spouse Abuse Crisis Center... 475-7273

Nebraska Health and Human Services Child Protective Services... 1-800-652-1999

Nebraska Health and Human Services Adult Protective Services ... 1-800-652-1999

NEBRASKA DEPARTMENT OF CORRECTIONAL SERVICES
ADULT PAROLE ADMINISTRATION
LINCOLN DISTRICT PAROLE'S COMMUNITY RESOURCE SUMMARY YEAR 2015

ALCOHOL/DRUGS/GAMBLING PROGRAMS

**** THE STATEWIDE PREFERRED PROVIDER LISTS CAN BE FOUND ON THE NDCS "P" DRIVE. ****

ALCOHOLICS ANONYMOUS – Lincoln AA Central Office 2748 S St., Suite AA **PH: 402-438-5214** Nebraska Area 41 Hotline: 1-877-226-3632 www.lincaa.org.
24-hour hotline. Call to talk to a volunteer or to find out meeting times.

ANTLERS SUBSTANCE PROGRAM – 2501 SOUTH ST. LINCOLN, NE **PH: 402-434-3965**
This program offers inpatient, outpatient and intensive substance counseling. An alcohol drug evaluation is required before being accepted into the program.

ASSOCIATES IN COUNSELING AND TREATMENT – 2110 S. 38th St. Lincoln, NE **PH: 402-261-6667** www.actnebraska.com
Substance abuse evaluation and treatment for adults and their families. Dual Diagnosis counseling available. All services are on a sliding scale fee for those who qualify.

BLUE VALLEY BEHAVIORAL HEALTH – Provide evaluations, education groups, follow-up, outpatient and partial care counseling in mental health and substance abuse in the following counties listed below in the Lincoln District Southeast territory: **See Contact numbers listed below.** www.bvbh.net

CRISIS RESPONSE OFFICE – 643 S. 25TH #11, LINCOLN, NE 68510. **PH: 402-474-0419.** (This office does not offer any counseling. It is only for crisis response calls. All other areas listed below provide counseling).

Butler County – 367 "E" Street, David City, Nebraska 68632. Contact: PH: 402-367-4216.

Fillmore County – 831 "F" Street, Geneva, Nebraska 68361. Contact: PH: 402-759-4761.

Gage County – 1123 9th Street, Beatrice, Nebraska 68310. Contact: PH: 402-228-3386.

Jefferson County – 521 "E" Street, Box 120, Fairbury, Nebraska. Contact: PH: 402-729-2272.

Johnson County – 202 High Street, Tecumseh, Nebraska 68450. Contact: PH: 402-335-3361. (No office location).

Nemaha County – 820 Central Ave., #4 Auburn, Nebraska. Contact: PH: 402-274-4373.

Otoe County – 1903 4th Corso, Nebraska City, Nebraska 68410. Contact: PH: 402-873-5505.

Pawnee County – 600 "I" Street, Pawnee City, Nebraska 68420. Contact: PH: 402-245-4458.

Richardson County – 116 W. 19th Street, Fall City, Nebraska. Contact: PH: 402-245-4458.

Saline County – 1212 Ivy Ave. Crete, Nebraska 68333. Contact: PH: 402-826-2000.

Saunders County – 355 East 4th St. Wahoo, NE 68066. Contact: PH: 402-443-4414.

Seward County – 459 S. 6th #1, Seward, NE. 68434. Contact: PH: 402-643-3343.

Thayer County – 141 N. 4th St. Hebron, NE. 68370. Contact: PH: 402-759-4761. (No office location).

York County – 722 S. Lincoln Ave., #1, York, NE., 68467. Contact: PH: 402-362-6128.

CENTER POINT (Full Circle) – 610 "J" St. Lincoln, Nebraska. **PH: 402-475-8717**

Administrative Office located at 2633 "P" St. Lincoln, Nebraska 68508:

Adult Outpatient Services:. The outpatient services located at 1000 South 13th Street, Lincoln, NE. **PH: 402-475-5161** www.centerpointe.org

Offers inpatient and outpatient treatment for dually diagnosed persons for drug and alcohol abuse. Day Treatment and Day Rehabilitation programs for dually disordered adults also offered. A mental health diagnosis is required. This agency accepts Magellan Insurance and Medicaid.

CHOICES, INC. – 127 S. 37th St. Suite B 24-Hour Hotline: 402-476-2300

www.choicestreatmentcenter.com

Free gambling addiction evaluations. Treatment for individuals and family members. Individual and group counseling on sliding fee scale. Offers a women's specific program, anger management, and couples counseling.

THE BRIDGE BEHAVIORAL HEALTH - 721 K St. Lincoln, NE. 68508 PH: 402-477-3951.

www.thebridgenebraska.org

Medically supervised withdrawal, 24-hour services. A long-term care for the chronically dependent. A sliding scale fee except intensive outpatient. No insurance accepted. The program length is usually 3-6 months. Length of short term residential, men only treatment and intensive outpatient (co-ed) treatment is usually 30-45 days.

FIRST STEP RECOVERY CENTER, INC. –300 South 68th Street Place, Suite 500, Lincoln, NE 68510 PH: 402-434-2730. www.firststeprecovery.com

Provides intensive outpatient services, substance abuse education programs, outpatient treatment, and substance abuse evaluations and relapse prevention. Women's Dual Diagnosis Program includes intensive outpatient, outpatient and continuing care groups. Family Support Group for those family members in treatment and addresses issues in mental illness, family dynamics. Provides counseling on gambling addiction and substance abuse.

INDEPENDENCE CENTER – (Bryan/LGH Medical Center) 1650 Lake St. Lincoln, NE. 68502. PH: 402-481-5268. www.bryanlgh.com/IndependenceCenter

Hospital based substance abuse facility. Substance abuse evaluation and treatment for adults, youth and their families. Offers detoxification, inpatient, residential and partial care services, 24-hour information, and crisis assistance. Medicaid accepted for youth under 20.

LUTHERAN FAMILY SERVICES – 2900 O St. Suite 200 (AAA Building) Lincoln, NE. 68510

PH: 402-435-2909. www.lfsneb.org

Provides alcohol and drug evaluations, intensive outpatient and aftercare for chemical abuse. Individual, family, and marital counseling. Children in the middle (frequently court ordered) for divorcing families. Sliding scale fee. Spanish speaking counselor on staff.

LYNN R. BEIDECK, LIMHP, LADC, LPC PH. RECOVERY/BEHAVIORAL HEALTH SERVICES - 2535 S. 10th St. Lincoln, NE 68502. PH: 402-560-9558. www.lynnbeideck.com

Offering mental health, substance abuse evaluations and treatment. (on the Provider's List).

MIDWEST INSTITUTE FOR FAMILIES AND YOUTH – 4701 Van Dorn St. Suite A, Lincoln, NE. 68506 PH: 402-434-2550.

Counseling services including individual and group counseling.

NEBRASKA MENTAL HEALTH CENTER – 4545 S. 86 St., Lincoln, and NE. 68526 PH: 402-483-6990 www.nmhc-clinics.com

Mental health and substance abuse programming for children, adolescents, adults and families. Domestic violence and anger management programs.

ORIGINS BEHAVIORAL HEALTH – 5801 S. 58th Suite C Lincoln, NE 68516. PH: 402-261-0598. www.originsbehavioralhealth.com

Specialize in substance related disorders and mental health. Also provide substance abuse evaluations, individual and group therapy, alcohol and drug education classes, motivational interviewing, aftercare and intervention services. Private insurance, Medicaid, and self-pay.

PEOPLE CITY MISSION - 110 Q St. Lincoln, NE. 68508 PH: 402-475-1303.

www.peoplescitymission.org Religious oriented residential program that provides emergency shelter for the homeless (males/females), counseling services for families, some medical assistance, food pantry, clothing, some alcohol and drug counseling.

THE RECOVERY CENTER – 3200 “O” Street, Suite #5, Lincoln, NE 68510.

PH: (402) 742-9616 Email: recoverycenter@windstream.net www.lincolnrecovery.org

Offers an Intensive Outpatient Program, an Outpatient Program, Relapse Prevention, Evaluation Services, Aftercare Groups and Individual Sessions for substance abuse treatment.

SAINT MONICA’S HOME – 120 Wedgewood Dr. Lincoln, NE. 68510. PH: 402-441-3768 www.stmonicas.com

Provides a short-term residential/outpatient rehabilitation for women over 19 years. Must be referred after primary treatment. Sliding scale fee. Does accept Magellan Insurance. The Project mother and child program focuses on creating strong families, intensive outpatient services, and outpatient mental health and substance abuse services.

SALVATION ARMY ARC OF NEBRASKA –(ARC-OMAHA). 2551 Dodge St., Omaha, NE. 68131. PH: 402-342-4135 Fax 402-341-7099 <http://satruck.org/>

Offers an in house residence rehabilitation program with a focus on basic necessities. Providing a clean, healthy living arrangement, work therapy, group and individual counseling, spiritual direction. Anyone is welcome as long as they participate in a Christian program of recovery and willing to work within the organization. Generally runs for 6 months or longer.

TOUCHSTONE (Short-term residential substance abuse treatment program) – 2633 P St. Lincoln, NE. 68503. PH: 402-474-4343 info@str-touchstone.org <http://touchstonenebraska.org>

Provides a comprehensive short -term residential treatment program promoting recovery, wellness and productive lifestyles changes. Counselors are licensed for dual diagnosis patients.

VALLEY HOPE – Residential services: 1421 N. 10th St. P.O. Box 918, O’Neill, NE 68763 PH: 402-336-3747. Outpatient services: 7703 Serum Ave. Omaha, NE 68127 PH: 402-991-8824. This is the nearest area for Lincoln/Omaha. <http://www.valleyhope.org/default.aspx>

Intensive outpatient and relapse programs. Also provides aftercare and continued counseling, and counseling for psychological problems to individuals, couples or families. Do not take vouchers.

VETERAN’S HOSPITAL – 600 S. 70th St. Lincoln, NE. 68510. PH: 402-489-3802. Outreach Center – 3119 “O” St. 68510. PH: 402-476-9736.

Provides evaluations, inpatient, and outpatient and after care substance abuse programs for veterans, medical detoxification, men’s anger group control, also assistance for post-traumatic stress.

CLOTHING

THE BARNABAS FREE STORE AND COMMUNITY CENTER – 931 Saunders Ave. (near the SW corner of 11th and Cornhusker) Lincoln, NE 68521. <http://sheridanlutheran.org/missions-giving/local-partners/barnabas/> PH: 402-423-4769

Hours: Saturdays: 9am-3pm. Thursdays: 10-11:30am. First and third Tuesdays: 6-8pm. Second and fourth Thursdays: 6-8pm.

CAPITOL CITY CHRISTIAN CHURCH – Clothing Exchange and Distribution. 7800 Holdrege, Lincoln, NE 68505, PH: 402-467-4458. Free clothing third Saturday of each month 9:00 am-12:00 pm.

CATHOLIC SOCIAL SERVICES-ST. LOUISE THRIFT SHOP – 2241 O Street, Lincoln, NE 68510. www.csisus.org PH: 402-474-1600.

Half price clothing available during the first week of the month at the St. Louise Thrift Shop.

THE DAILY THRIFT STORE – 6433 Havelock Ave. Lincoln, NE 68507 PH: 402-475-7777

Provide high-quality, gently-worn items hand-selected by volunteers. Only fashionable items, clean and in good repair are considered for sale. The 3rd Thursday of each month we have our bag sale. You purchase a bag for \$10(10.70 with tax) and stuff it to overflowing with clothing and accessories.

**ESTHER'S CLOSET- Havelock United Methodist Church – 4140 N. 60th Street Lincoln, NE 68507
PH: 402-466-6736**

Gives away men's, women's, and children's clothing FREE on the third and last Tuesdays of each month from 5:00-6:00 pm.

GOOD NEIGHBOR COMMUNITY CENTER- Shopping Floor – 2617 Y Street, Lincoln, NE 68503, PH: 402-477-4173.

Appointments: Must make appointment by calling before coming. **Services:** May shop for clothing once every two months. **Application:** The first time you must complete an application; have SS# for all members of the household. You must have proof of income each time. Everyone must have a client card.

LINCOLN BEREAN CHURCH – 6400 S 70th Street, Lincoln, NE 68516, PH: 402-483-6512

Clothing Exchange is the second Tuesday of every month from 1-7pm. Please come and shop for free.

MACIE'S PLACE – 2601 N. 47th Street, Lincoln, NE 68504. www.maciesplace.org , PH: 402-601-1773 or 402-440-9929 Sunday and Monday – Closed. Tuesday-Friday 10am-5pm. Saturday 10am-4pm. Family Resource Center and Thrift Shop. All clothing and shoes \$1 each. Each family member can receive 5-10 pieces of clothing on a quarterly basis.

NORTHWEST LINCOLN CHURCH OF CHRIST – 3110 N. 1st Street, Lincoln, NE 68521; PH: 402-475-3313

Free clothing, shoes and totes given out on the first Saturday of the month from 9:00am-noon. Emergency clothing as needed.

ONCE UPON A CHILD – 2600 S. 48th Street #15, Lincoln, NE 68506, PH: 402-464-4443

Low cost name brand children's clothing.

THE PURPLE PEACOCK – 1205 N. 45th Street, Lincoln, NE 68503, PH: 402-466-5238

Provides gently used clothing, shoes, accessories and linens at no cost. Open Wednesday and Friday 9:30 am to 12 pm each week and on the third Saturday 9:00 am to 11:00 am.

PEOPLE'S CITY MISSION HOMELESS PREVENTION CENTER – 2101 N Street, Lincoln, NE 68508, PH: 402-475-6888 Hours: MONDAY & FRIDAY – 9:00am-11:30am, 1:30pm-4:00pm

WEDNESDAY: 9:00am-11:30am, 4:00pm-6:00pm for employed and college students,

Requires proof of income and ID for each member of household. Clothing and furniture room is limited to once per day.

SALVATION ARMY CANTEEN-THE GATHERING PLACE – 1448 E Street, Lincoln, NE 68508, PH: 402-474-6263

Provides winter outerwear and blankets October through April, Saturdays at 5 pm.

SALVATION ARMY THRIFT STORE – 4690 Leighton Avenue, Lincoln, NE 68501, PH: 402-474-4747

Vouchers are available on a case-by-case basis. Low cost clothing is available from the stores at 4690 Leighton Ave and 1126 N. 27th St.

ST. VINCENT DE PAUL – 2215 O Street, Lincoln, NE 68510, PH: 402-438-3135. Helpline for Emergency needs only: 402-435-7968

YMCA JOB OUTFITTERS – 2620 O Street, Lincoln, NE 68510, PH: 402-434-3494.

Job Outfitters is open Monday through Friday from 1:00 to 2:00 pm. No appointment is necessary. To utilize this program, participants meet with a volunteer at the Workforce/One Stop Career Center in Energy Square Building at 1111 O St, Suite 205 in downtown Lincoln. Eligible participants will be issued a voucher that can be used at any Goodwill location for clothing, accessories, and shoes.

COMMUNITY CENTERS AND EMERGENCY SERVICES

BRIDGES TO HOPE – 3107 South 6th St. Ste. #107, Lincoln, NE. 68502. PH: 402-420-5696/ 402-430-3348 and also for special appointments (weekends). <http://bridgestohopene.org/>

A non-denominational, non-profit corporation for individuals incarcerated, recently released and transitioning back into society. When released from corrections individuals may come to receive house wares, clothing, personal hygiene products, furniture to help set up their house hold.

CATHOLIC SOCIAL SERVICES – 2014 O St. Lincoln, NE. PH: 402-474-1600.

Offering services for the homeless such as assistance with transitional housing. Also offers emergency cash assistance for those qualified, food pantry, and clothing at the North 27th St. Program. Hispanic outreach (translation, application help assistance for jobs, housing, GED and ESL)

CEDARS STREET OUTREACH SERVICES – 6601 Pioneers Blvd, Ste. 1 Lincoln, NE 68506

PH: 402-436-5437 CEDARS Street Outreach Services (SOS) provides street-based assistance to run away, homeless and at-risk youth in Lincoln, offers support to homeless youth as they work to leave the streets for safe shelter.

CENTER FOR PEOPLE IN NEED – 3901 North 27th St. Unit 1 Lincoln, NE 68521. PH: 402-476-

4357 www.centerforpeopleinneed.org Offering basic human needs: food banks, clothing closets, shelters, rent resources, utility resources. Also assists with physical and mental health resources, employment support, college resources for low income, ESL, and immigration and citizenship issues.

COMMUNITY ACTION PARTNERSHIP – 210 O St. Lincoln, NE. 68508. PH: 402-471-4515.

HOURS: M-F 8-5 Provides services for families enrolled in the heads start program and daycare programs. The Emergency Services Program provides emergency assistance with past due rent, utility bills, and deposits. Households must complete an application over the phone or in person to be eligible.

COMMUNITY JUSTICE CENTER – 5625 O St. Suite #114 Lincoln, NE. 68508. PH: 402-429-1050. <http://www.communityjusticecenter.org/> James Jones, Executive Director.

Contract with outside agencies for employment classes. Conduct Victim/Impact classes.

DEPARTMENT OF HEALTH AND HUMAN SERVICES – 1050 N St. Rm. 250, Lincoln, NE.69508. PH: 402-471-7000.

Provides food stamps, ADC, energy assistance, rent assistance, protective services county and burial.

EL CENTRO DE LAS AMERICAS – 210 O St. Lincoln, NE PH: 402-474-3950.

<http://elcentrodelasamericas.org/> Provides food pantry, English and Spanish classes, interpreters and citizen ship classes.

FAMILY SERVICE COUNSELING – 501 S. 7th St. Lincoln, NE. 68508. PH: 402-441-7949. <http://familyservicelincoln.org/programs/wic-women-infants-children/>

Provides food supplement program and childcare food supplement program, WIC services, before and after school program. Offer counseling services for children within the Lincoln Public schools.

FRIENDSHIP HOME – PO Box 85358 Lincoln, NE 68501. PH: (402) 434-6353. **Emergency Line:**

402-437-9302 Pre-Shelter Services- Our staff provides crisis counseling and, if Friendship Home is full, immediate access to other safe shelter options. Staff then assesses each woman's situation via daily telephone contact until shelter beds are available. Advocates and Case Managers provide counseling, referrals and information services catered to each woman. **Confidential Shelter** – Friendship Home provides a safe, confidential, home-like shelter, as well as access to food, clothing and other basic needs to women and children who are victims of domestic violence. Transitional shelter is provided to residents of Friendship Home who are working to obtain their own homes. Friendship Home provides some financial support for the families working to rebuild their lives while in transition. At shelter, Advocates and Case Managers work with residents to address needs, as well as to empower them to reach their goals.

THE GATHERING PLACE – – 1448 E St. Lincoln, NE. 68508. PH: 402-476-7398.
http://www.communityactionatwork.org/programs/basic_needs/meals.html
Offers free meals Monday-Friday. Michael Ryan, Gathering Place Administrator
myran@communityactionatwork.org

GOOD NEIGHBOR CENTER - 2617 Y St. Lincoln, NE.68503 PH: 402-477-4173.
<http://www.gncclincoln.org/> HOURS: M-TH 10-4 F 10-2
Provides emergency food/clothing.

MALONE COMMUNITY CENTER – 2032 U St. Lincoln, NE. 68503. PH: 402-474-1110.
The mission of the Clyde Malone Community Center is to strengthen the Lincoln community by serving as a cornerstone for educational, cultural, and advocacy programs.

INDIAN CENTER INC. – 1100 Military Rd., Lincoln, NE. 68508. PH: 402-438-5231.
<http://indiancenterinc.org/>
Provide youth and family service programs for Native Americans who need mentors, who have problems with juvenile delinquency etc.; Workforce Investment Act programs for Native Americans in need of job placement, counseling, training, or GED. Family First Program for families with emotionally disturbed children of all ethnic groups. Food commodities, housing, health care and family support referrals to persons of all ethnic groups.

MATT TALBOT KITCHEN AND OUTREACH – 2121 N. 27th St., Lincoln, NE. PH: 402-477-4116
<http://www.mtkserves.org/advocacyoutreach/>.
Meals served daily: 11:30am 12:30pm and 5:30pm-6:30pm. Other services include but are not limited to: message, phone and mail services; assist with food stamps applications; foot clinic, life skills classes, vision improvement plan (access to glasses), and identification recovery.

NORTHEAST FAMILY CENTER – 6220 Logan (Havelock area) Lincoln, NE. 68504 PH: 402-471-3700. <https://www.nfclincoln.org/>
Provides the following services for those residents of the Northeast area of Lincoln: Parenting groups for men/women, parenting network; summer day camp and after school program for school age children, 4-H program, library for parents and children, sponsor of teen night with homework assistance, S.H.A.R.E. Food Program, Academy of Rock, diaper depot, strengthening families support.

PEOPLE’S CITY MISSION – 110 Q Street, Lincoln, NE 68508. PH: 402-475-1303
The Family Shelter has community and single family rooms, with dormitory beds and can accommodate single women, single parent families, intact families, and families that include teen-age boys. The Men’s Shelter is for homeless men. As part of their stay, guests are provided with: three meals a day; personal hygiene items; employment assistance; mail services and telephone services-including long distance calls. Guests who are working cab receive sack lunches and we provide personal counseling; a Life Skills curriculum’ access to legal advice; transportation assistance; case management; referral services and drug testing when necessary.

RELEASED AND RESTORED – St. James Church – 2400 S. 11th Street Lincoln, NE – PH: (402) 474-6035
This space is open for game nights, movies, etc. so that people who want to stay sober have a place to go to meet like-minded people.

VICTIM/WITNESS PROGRAM – Patricia Sattler, Victims/Witness Specialist, Master Social Worker - Office of the Attorney General, 2115 State Capitol Building, Lincoln NE 68509 PH: 402-471-1911

EDUCATION ASSISTANCE

COMMUNITY ACTION PARTNERSHIP 210 O STREET LINCOLN, NE 68508

Contact: Andrea Backer PH: 402-471-4515 Fax: 402-471-4844 www.communityactionatwork.org

Employment and Education program, the mission is to empower people struggling in poverty to reach their full potential and achieve self-reliance. GED classes, computer lab and employment assistance.

EDUCATION QUEST (HEADQUARTERS): 1300 O ST., LINCOLN, NE. 68508. Treve Florom

PH: 402-475-5222 OR 800-303-3745. <http://www.educationquest.org/>

Nonprofit organization with a mission of improving access to higher education in Nebraska. They strive to achieve this mission through free college planning services, outreach services, need-based scholarship programs, and college access grants.

NEBRASKA DEPARTMENT OF EDUCATION: 301 CENTENNIAL MALL SOUTH, P.O. BOX 94987, LINCOLN, NE 68509. PH: 402-471-2295. <http://www.education.ne.gov/>

The mission is to provide educational opportunities for adults to improve adult literacy skills. They can assist with application for copy of Nebraska High school diploma, information on Nebraska GED testing centers, a national GED testing locator, and access to forms to request transcripts and more.

SOUTHEAST COMMUNITY COLLEGE – 8800 O St. Lincoln, NE. 68520. PH: Lincoln Campus: 402-471-3333 Guided Studies Office. 402-437-2719 or 402-437-2717; Beatrice Campus 1-800-233-5027; Milford Campus: 1-800-933-7223.

Basic, intermediate, advanced and vocational ESL, and GED classes are offered. Registration is \$20 and \$120 for all 5 tests. Basic and vocational ESL classes are free.

EMPLOYMENT ASSISTANCE

CENTER FOR PEOPLE IN NEED – 3901 N. 27th St. Lincoln, NE PH: 402-476-4357 <http://centerforpeopleinneed.org/>

Job Training: Program provides training for low income individuals, immigrants and refugees. Programs include forklift training (\$350 cost), tuition assistance for Southeast Community College. Call Lynette at extension 244.

COMMUNITY ACTION PARTNERSHIP 210 O St. Lincoln, NE 68508 PH: 402-471-4515 Fax: 402-471-4844 www.communityactionatwork.org

Employment and Education program: The mission is to empower people struggling in poverty to reach their full potential and achieve self-reliance. GED classes, computer lab and employment assistance.

COMMUNITY JUSTICE CENTER – 5625 O St. Suite 714 Lincoln, NE 68510 Lincoln, NE. PH: 402-429-1050. James Jones, Executive Director.

Contract with outside agencies for employment classes. Also conduct Victim/Impact classes.

GOODWILL JOB CONNECTION – 1111 O STREET, LINCOLN, NE. PH: 402-441-4924. <http://lincolngoodwill.org/>

Goodwill's Job Connection is located in the American Job Center at Southeast Community College's Education Square. The purpose of Job Connection is to maximize the employability of job seekers in a market that requires some computer knowledge in nearly all jobs. Individuals may receive assistance with resume and cover letter creation and templates are available for use. Staff members are also available to help guide guests through online applications. Classes or tutorials for basic computer skills, typing and data entry are also made available. Many of the tutorials are available in both English and Spanish.

LINCOLN AMERICAN JOB CENTER- 1111 O St. Suite 205 Lincoln, NE PH:402-441-1660

Access to computers for job search and filing unemployment insurance. Access to the following: Experience Works; job training and work experience for individuals 55 and over. Workforce Investment Act; job search assistance, skill assessments and training for adults, youth and Dislocated Workers (those unemployed due to layoffs or business closings). Youth Come Thru- visit with a Youth Case Manager about the program every Thursday from 2:00–3:30 pm. Vocational Rehabilitation–Monday 1:00-5:00pm and Thursday 8:30-12:00 pm, Goodwill-Job Outfitters, assistance with clothing for job search and interviews, M-F 1:00-2:00 pm.

PROTEUS – 3830 VerMaas Place, Ste. #A, Lincoln, NE PH: 1-855-458-3421. www.proteusinc.net

Non-profit organization helping farmworkers, immigrants, and others with a variety of services to improve health, education and economic opportunities.

VOCATIONAL REHABILITATION: 2202 S. 11th St. 2nd Floor, Trabert Hall, Lincoln, NE 68521 PH: 402-471-3231. Fax: 402-471-6309

Representatives can assist with career assessments and counseling, job training, job placement assistance, and job site modifications and devices.

NEBRASKA FEDERAL BONDING PROGRAM - Nebraska Workforce Development 550 S 16th Street, P.O. Box 94600 Lincoln, NE 68509 PH: 402-471-2693 402-471-2776 Fax: 402-471-3050 <http://dol.nebraska.gov>

Federal Bonding Program is a federal tool, to help a job applicant obtain employment and keep it. The program issues Fidelity Bonds, and is sponsored by the U.S. Department of Labor. For more information, Job Seekers call 1-877-US2-JOBS

YWCA - 2620 O St. Lincoln, NE PH: 402-817-6472

Job Outfitters is a community resource for low-income women who are actively seeking employment or are working.

FINANCIAL ASSISTANCE

COMMUNITY ACTION PARTNERSHIP – 210 O St. Lincoln, NE PH: 402-471-4515

Payee Program: Provides financial case management for individuals receiving SSI, SSDI or other Social Security payments. Open to anyone required to have a payee.

CONSUMER CREDIT COUNSELING CENTER – 1001 S. 70th St. Suite 200 Lincoln, NE. 68510. PH: 402-484-7200. For mailing PO Box 5322 Lincoln, NE 68505.

Provides financial counseling and budget planning. No fee for budget service, minimal fee for other services.

SOCIAL SECURITY OFFICE – Federal Building, 100 Centennial Mall North, Room 240, Lincoln, NE 68508. PH: 866-593-2880 (Call hours are 9 AM – 3 PM). www.ssa.gov

Provides assistance in starting the SSI process. Apply online for retirement benefits; change address, phone number if you receive benefits

VETERANS WORKFORCE DEVELOPMENT: 1111 “O” ST., Lincoln, NE. PH: 402-471-2275. FAX: 402-471-9776

Assistance in creating resume, job search, filling for unemployment, training for different programs (i.e. welding, sheet metal, hair styling, etc).

VETERANS BENEFITS ADMINISTRATION STATE SERVICE OFFICE (VBA) : 3800 Village Drive, Lincoln, NE. 68516. PH: 402-420-4400 or 800-827-1000. Mailing address: P.O.Box 85816 Lincoln, NE 68516

Representative can provide information and assistance to eligible veterans for: Compensation and pension application, survivor benefits, burial, education, home loans, vocational rehabilitation and life insurance.

FOOD PANTRIES

Foodnet Sites

Sites in Lincoln/Denton/Milford/Seward/Crete

PH: 402-416-6197

Website: www.foodnetlincoln.org

Services: Provides mostly perishable foods, such as fruits and vegetables, daily products, and bread to needy families. Anyone that is in need of food is welcome.

NO SITES ON CHRISTMAS DAY. Contact at above phone number or internet site for neighborhood food site addresses and times.

****Bring your own bags or box to carry food home!**

Center for People in Need Neighborhood FOOD Program

3901 N 27th Street

Lincoln, NE 68521

Serves Lancaster County

Website: www.centerforpeopleinneed.org/programs-services/neighborhood-food/

Neighborhood Food Opportunity Outreach Delivery Program

For more info: **PH:** 402-476-4357

Services: provides free food for low-income families (see income guidelines) through collaboration with the Food Bank of Lincoln. **Contact at above phone number or internet site for more information on food sites and hours.**

****Being first in line does not mean you will receive better food, foods with a limited supply will be spread out throughout distribution.**

Emergency Food Programs

Emergency Food Pantry System/Food Bank of Lincoln

Provides seven-day food supply for individuals or families in crisis through twelve emergency food pantries. Call the following agencies for assistance:

Catholic Social Services

2241 O Street

Lincoln, NE 68510

Website: www.csisus.org

Emergency Food Box Program

Contact: **PH:** 402-474-1600- Call one day in advance for a seven-day Emergency Food Box.

Application: First six applications are accepted. You must have a Social Security number for all family members, dates of birth, and complete a one-time application.

Services: You may receive a food box once every three months. No delivery is available. Also available are clothing vouchers for the Thrift Store, cash assistance for utilities, rent, medicines and other necessities.

Hours: Call Monday through Friday from 9:00 a.m.-12:00 p.m.

Indian Center

1100 Military Road

Lincoln, NE 68508

Website: www.indiancenterinc.org

Emergency Food Pantry

Contact: Person: Lucinda Mesteth, CSFP Director at **PH: 402-438-5231, ext. 115**

Hours: 8:00 a.m.-5:00 p.m. Monday and Wednesday, or Friday 1:00-3:00 p.m.

Services: Call during hours listed above for an appointment to receive a seven-day Food Box. If eligible you may pick up food every three months. You must bring Social Security numbers for all members of household every time you pick up, and proof of residence.

Application: Must bring Social Security Numbers for all members of the household every time you pick up.

Good Neighbors Community Center

2617 Y Street
Lincoln, NE 68503

Website: www.gncclincoln.org

Shopper's Choice Pantry or Clothing

PH: 402-477-4173 to make an appointment.

Hours: Begin taking calls at 9:00 a.m. Monday through Friday. Perishable food available Monday and Wednesday from 10:00 a.m. until 2:00 p.m.

Services: Individuals with appointments are given the opportunity to walk into our pantry and pick out food for themselves depending on their family sizes and the amount of food available. Clients may receive non-perishable food every 30 days.

Application: The first time you must complete an application. You must have Social Security numbers for all members of your household and proof of income each time. Special needs boxes available.

Everyone must have a client card. If you do not have a client card, one will be issued.

Daily Food Programs

Aging Partners, Downtown Senior Center
Main Office 1005 "O" St.
Lincoln, NE 68508

Serves Lincoln/Lancaster County

Website: www.lincoln.ne.gov/city/mayor/aging/

PH: 402-441-7070

Services: Noon meals offered at all senior centers (6 in Lincoln and 4 in Lancaster County) on a donation basis for people age 60 and older. Call the main office for locations, times and menus. Other services available such as educational and recreational activities. **Apply:** reservations must be made two working days in advance.

The Gathering Place

1448 E St
Lincoln, NE 68508

Website: www.communityactionatwork.org/programs/basic_needs/meals.html

PH: 402-476-7398

Services: Free evening meals served to homeless and near-homeless individuals and families living in our community. Free meal, bread, coffee, etc.

Hours: Monday-Friday, 5:00-6:00 p.m.

** No ID needed.

Indian Center Senior Lunch Program

1100 Military Road
Lincoln, NE 68508

Website: www.indiancenterinc.org

PH: 402-580-1535

Services: Lunch served Monday through Friday, from 11:30 a.m. to 12:30 p.m.

Matt Talbot Kitchen and Outreach

2121 N 27th St
Lincoln, NE 68503

Website: www.mtkserves.org

PH: 402-477-4116

Services: Free meals served seven days a week from 11:30 a.m.-12:30 p.m. and 5:30-6:30 p.m. No ID required. Other services available. Special Meal times on Thanksgiving, Christmas Eve, and Christmas day. Call for details.

Meals on Wheels-Tabitha

4720 Randolph St
Lincoln, NE 68510

Website: www.tabitha.org/in-home/meals-wheels

PH: 402-486-8520

Services: Provides hot noon meal to individuals who are elderly or disabled.

Fees: Recipients pay for their meals either fully or at a reduced rate based on their income or assets.

Meals are provided regardless of ability to pay on and they never turn anyone away because of financial constraints.

People's City Mission

110 Q St
Lincoln, NE 68508

Website: www.peoplescitymission.org

PH: 402-475-1303

Services: Emergency Shelter provides overnight shelter, three free meals daily.

Hours: Meal times for **MEN** are: Breakfast 5:45 a.m., lunch 12:30 p.m., dinner 6:00 p.m. Meal times for **FAMILIES** and **SINGLE WOMEN** are: Breakfast 6:45 a.m., lunch 11:30 a.m., dinner 5:00 p.m.

HOLIDAY – Food Baskets for Thanksgiving and Christmas available. Advanced sign-up needed.

Lighthouse

2601 N St
Lincoln, NE 68510

Website: www.lincolnlighthouse.org

PH: 402-475-3220

Services: Regular snacks and supper are provided Monday through Friday to youth grades 6th through 12th.

Weekly Food Programs**Indian Center**

1100 Military Road
Lincoln, NE 68508

Website: www.indiancenterinc.org

PH: 402-438-5231

Services: Food Pantry-Perishables available Tuesdays at 1:00 p.m. and Thursdays at 10:00 a.m.

People's City Mission: Homeless Prevention Center

2615 O St
Lincoln, NE 68510

PH: 402-475-6888

Services: Provides items such as food, clothing, personal care needs, and furniture and household goods available at no charge to the poor and near-homeless of Lincoln. Food boxes only in the mornings. No food boxes in the p.m. due to high volume of clients.

Shopping Hours: Monday & Friday 9:00am-11:30am & 1:30pm-4:00pm. **Wednesday** 9:00am-11:30am, 4:00pm-6:00pm for employed and college students

**** must provide current check stub/class schedule**

Salvation Army

2625 Potter St
Lincoln, NE 68503

PH: 402-474-6263 – Ask for Jill at ext. 500 or Ramona at ext. 507

Hours: 9:00 a.m. – 4:00 p.m.

Services: Food Pantry available for needy families at these dates and times.

Food Pantry

Monday-Friday – 12:00 p.m. – 4:00 p.m.

Wednesday extended hours – 12:00 p.m. – 6 p.m.

Walk-ins Welcome

Tuesday & Friday Perishables

Come in Tuesday & Friday mornings at 9:30 for breads, vegetables and other foods. No eligibility requirements.

HOLIDAY – Food Baskets for Thanksgiving and Christmas available. Advanced sign-up needed.

Monthly Food Programs**Indian Center**

1100 Military Road
Lincoln, NE 68508

Website: www.indiancenterinc.org

PH: 402-438-5231, ext. 115

Services: Commodity Program for those over 60 years of age on a monthly basis.

Nebraska Aids Project

1120 K St. Ste. 100

Lincoln, NE 68508

Website: www.nap.org

PH: 402-476-7000

Services: Only for those with AIDS and HIV.

Carol Yoakum Family Resource Center

4621 NW 48th St.

Lincoln, NE 68524

PH: 402-434-2621

Services: Friends With Food, 5:00-6:00 p.m. fourth Monday of the month.

VA Nebraska-Western Iowa Health Care System

600 S. 70th St.

Lincoln, NE 68510

PH: (402) 486-7801

Website: www.nebraska.va.gov

Services: First Monday of every month. Must show valid ID, or current piece of mail.

Location: Building 40, Room 105 (Entry from hallway under Auditorium exterior stairway on North side of building)

The Bay Skate Park

2005 Y St Lincoln, NE 68503

PH: (402) 477-0209

Services: Provide groceries (perishables and nonperishables)

Hours: 12:00 pm – 1:00 pm 2nd Saturday of each month

Seasonal Food Programs**The Winter Night Watch Program**

1448 E St

Lincoln, NE 68508

PH: 402-474-6263

Services: Serve hot meals from the Salvation Army Mobile Canteen Vehicle every Saturday and Sunday at 5:00 p.m., October through April only, in front of The Gathering Place at 15th & “E” St..

Food Bank Backpack Program

Services: During the school year, the Food Bank of Lincoln provides backpacks of food to students in 27 Lincoln Public Schools, 5 Lincoln Catholic schools and several communities in Southeast Nebraska. Each school determines who gets the backpacks, with an emphasis on children enrolled in the free and reduced lunch program.

Apply: Contact your child’s school principal if interested in receiving a backpack.

Participating Lincoln Elementary schools: Arnold, Belmont, Brownell, Calvert, Campbell, Clinton, Elliot, Everett, Hartley, Holmes, Huntington, Lakeview, McPhee, Meadow Lane, Norwood Park, Pershing, Prescott, Randolph, Riley, Roper, Saratoga, West Lincoln.

Participating Middle schools: Culler

Participating High schools: Bryan Community, Lincoln High (teen parents’ program participants only), Northeast (teen parents’ program participants only), North Star (limited number available).

Participating Catholic schools: St. Mary’s, Sacred Heart, Blessed Sacrament, St. Patrick’s, St. Teresa.

Participating rural schools: Beatrice, Bennet, Crete, Elmwood, Murdock, Exeter, Fairbury, Falls City, Milford, Norris, Raymond, Seward, Stromsburg, Syracuse, Utica, Waverly, and York.

Summer Food Program

Program maintained by Lincoln Lancaster County Health Dept., 3140 “N” Street, Lincoln, and NE.

PH: 402-441-8000

Services: Free meals for children age 2-18 at income eligible community sites. The program runs from late May to mid-August. (see insert at end of guide for site listings). The program details for late May to August will be posted on the Lincoln.ne.gov Health Promotion and Outreach website during the last week of May. A News Release will also be placed in the newspaper.

Senior Farmers Market Coupon Program

1001 O St. Ste. 101

Lincoln, NE 68508

PH: 402-441-8000 or 800-422-6692

Requirements: Must be a senior citizen (age 60+) and meet income guidelines (see below). Limited funds. Available on a first come first serve basis.

Services: Coupons will be available in June through participating senior centers, Area Agencies on Aging offices, and Commodity Supplemental Food Programs’ local distribution sites.

INCOME GUIDELINES:

1. Person household annual gross income cannot exceed \$20,035
2. Person household annual gross income cannot exceed \$26,954

Community Crops

Website: www.communitycrops.org

PH: 402-474-9802

E-mail: amy@communitycrops.org

Services: Community Crops is a group that manages community garden initiatives in the city of Lincoln. We provide tools (rakes, hoes, shovels, and seeds), resources, education and the garden space to grow your own healthy food.

Rural Food Programs

Food Bank of Lincoln

4840 Doris Bair Cir #A, Lincoln NE **PH:** (402) 466-8170

Services: Each site includes some USDA product, so participants must sign the standard income self-verification sheet, but no other documentation is required. **Participants are encouraged to bring their own bags and carts if possible.

HEALTH CARE

CENTER FOR PEOPLE IN NEED – HEALTH HUB: 3901 N. 27TH ST. Lincoln, NE.

PH: 402-476-4357

Health Hub is a program for connecting uninsured individuals in the following ways: Find a doctor or medical home, access medications, locate and schedule to see a medical specialist, apply for programs such as supplemental nutrition assistance program-(food stamps), general assistance, supplemental security income (SSI), social security disability insurance (SSDI), Medicare and Medicaid.

CLINIC WITH A HEART – 1701 S. 17th St. Lower Level, Lincoln, NE. PH: 402-421-2924.

<http://www.clinicwithaheart.org/>

A faith-inspired organization, Clinic with a Heart serves the uninsured and underinsured through a ministry of healthcare. CWAH hosts clinics that provide uninsured and underinsured individuals with medical, dental, vision, hearing, physical therapy, chiropractic, mental health and spiritual care. **Check in time is 2:00 p.m. Tuesdays and Thursdays and patients will be seen at 4:00 p.m. First come, first serve basis.**

LANCASTER COUNTY HEALTH DEPARTMENT/ COMMUNITY HEALTH SERVICE DIVISION - 3140 N. St. Lincoln, NE. 68510. PH: 402-441-8000.

Presumptive Eligibility Medicaid for Pregnant Women, WIC program, Childhood Vaccines, STI Testing, HIV Clinic, General assistance medical clinic (by appointment only).

LINCOLN VA CLINIC – 600 S. 70th St. Lincoln, NE. 68510. PH: 402-489-3802. Nicole Schneider LCSW Office: (402) 489-3802 ext. 6864 Cell: (402) 618-5880.

Primary care services for Veterans in the Lincoln area. Can provide outpatient medical, mental health and substance abuse treatment services for eligible veterans. They are also able to provide assistance for Post-traumatic Stress Disorder, anger management groups, and assistance for veterans dealing with homelessness.

MATT TALBOT KITCHEN AND OUTREACH – 2121 N. 27th St. Lincoln, NE 68503 PH: 402-477-4116 <http://www.mtkserver.org/>

Provide eye exams/screenings, free nursing care, flu immunization clinics, foot care clinics for homeless or near homeless individuals. Call for times and dates as some companies provide services on specific dates.

NEBRASKA HEALTH AND HUMAN SERVICES – 1050 N St. 68508. PH: 402-471-7000. Located on 2nd floor (Gold's Building).

Provides child protective services. Children and family services assessment of reports of child abuse or neglect. Services and referrals for families and children.

NEBRASKA URBAN INDIAN MEDICAL CENTER – 2331 Fairfield St. Lincoln, NE PH: 402-434-7177 FAX: 402-434-7180 <http://nuihc.com/>

Provides primary health care clinics to serve the needs of Native Americans and others within the service area. Provided care is culturally and linguistically appropriate for the patients served. Services are available to both the insured and uninsured. Most insurance is accepted including Medicaid and Medicare. Uninsured patients are charged on a sliding scale at affordable prices. Services are provided to patients based on an established clinical schedule and emergency 24-hour on-call system.

PEOPLE CITY MISSION FREE CLINIC – 110 O. St. Lincoln, NE. 68508. PH: 402-817-0980. <http://www.peoplescitymission.org/>

The PCM Medical Clinic offers medical, dental, optical, school and sports physicals, pharmacy services, mental health, chiropractic, dermatology, physical therapy, and more for low-income, uninsured residents of Lincoln and Lancaster County. Patients with any type of insurance or medical assistance should continue with their current provider.

PEOPLE'S HEALTH CENTER – 1021 N. 27th St. Lincoln, NE PH: 402-476-1455
<http://www.phclincoln.org/>

Provides affordable, comprehensive primary health care especially for those with limited resources. Those that don't have insurance will meet with our patient support department and determine payment on a sliding fee scale. Services include general physical exams, immunizations, dental, pharmacy, HIV/STD testing, translation, mental health on a referral basis, Women's health issues, and a physician house call program for chronically ill homebound elderly.

PROTEUS – 3830 VERMAAS PLACE SUITE #A, LINCOLN, NEBRASKA 68502. PH: 402-805-4004 OR 1-855-458-3421. Website: www.proteusinc.net

Non-profit organization helping farmworkers, immigrants, and others with a variety of services to improve health, education and economic opportunities.

WOMEN'S HEALTH

BIRTHRIGHT, INC – 5625 O St. #4, Lincoln, NE PH: 402-466-2609 <http://birthright.org/en/>
24-Hour toll-free hotline: 1-800-550-4900

Free pregnancy tests, resources, and diapers. All support is non-judgmental and is confidential.

CATHOLIC SOCIAL SERVICES – 3700 Sheridan Blvd. Lincoln, NE PH: 402-489-1834
<http://www.csisus.org/> Pregnancy services, counseling for those facing an unplanned pregnancy, parenting and adoption planning.

EVERY WOMAN MATTERS – 301 Centennial Mall South, 3rd floor, Lincoln, NE

PH: 402-471-0929 www.hhss.ne.gov/womenshealth/ewm

This program can help women get their annual health check-ups for free. The program is for women 40 through 74 years of age who have no health insurance, Medicaid or Medicare, and have a low to medium income. Services include: clinical breast exam, PAP test and pelvic exam, mammogram, blood pressure screening, blood glucose screening cholesterol screening.

HEALTHY MOTHER, HEALTHY BABIES – United Way of the Midlands Lincoln, NE

PH: Toll-Free Hotline: 1-800-862-1889 Helpline provides information and referrals for health and social services across the state of Nebraska. Call toll free 24 hours a day 7 days a week and all calls are confidential.

LINCOLN CRISIS PREGNANCY CENTER – 111 Piazza Terrace Lincoln, NE PH: 402-483-4247
(24hr helpline) <http://www.lincolncrisispregnancycenter.org/>

Services Provided: free pregnancy tests with immediate results, accurate information on pregnancy options, continued support (as desired), ultrasounds for qualifying clients, healthy relationship/sexual risk avoidance education, maternity and baby clothes and diapers, parenting education, birthing classes, referrals to community resources and agencies, post-abortion counseling and support groups. Also offers resources for men with expecting partners.

LINCOLN/LANCASTER COUNTY HEALTH DEPT – 3140 N. St. PH: 402-441-8065
<http://www.lincoln.ne.gov/city/health/nurse/>

Pregnancy testing by appointment, health and parenting information, referrals to health care providers.

LUTHERAN FAMILY SERVICES – 2201 South 17th, Lincoln, NE 68502 PH: 402-441-8491
www.lfsneb.org/ Unplanned pregnancy counseling, adoption program, family counseling.

PLANNED PARENTHOOD OF THE HEARTLAND – 5631 S. 48th St. Ste. 100 PH: 877-811-7526
<http://www.plannedparenthood.org/health-center/centerDetails.asp?f=4062>

Offers services to women on a sliding fee scale. Breast cancer screenings, procedures to prevent cervical cancer, female infertility, menopause, menstruation, ovarian cancer, pelvic exam, yeast infection and vaginitis, male infertility, urinary tract infections, pap tests and HPV tests, men's health, emergency contraception, abortion, STD testing and treatment

HALFWAY HOUSES/TRANSITION HOUSES

CURTIS CENTER @ PEOPLE'S CITY MISSION – 110 Q St. Lincoln, NE PH: 402-475-1303
<http://www.peoplescitymission.org/index.php/shelter/13-shelter/82-mens-transitional>

The Curtis Center is a supportive, transitional housing center for 60 men. The Curtis Center is a secure building with private sleeping rooms. Each room has a refrigerator, microwave and sink and is wired for basic cable TV services. Other amenities include laundry facilities, three congregate meals, a community lounge, a library for reading or study, two outdoor courtyards, and 24-hour staff. Men must apply and be accepted into this program. The maximum stay is 24 months. The program fee is \$350 per month. The Curtis Center program focuses on three areas: Vocational, Recovery or Educational. Each area includes classes, counseling and services designed to promote emotional health and economic self-sufficiency.

FRESH START HOME – 6433 Havelock Lincoln, NE. 68507. Contact: PH: 402-475-7777 Fax: 402-475-7779 www.freshstarhome.org

Provides transitional housing and living skills for single women without children, and offers supplemental household goods. Women are asked to give at least a three month commitment and may stay for up to one year. Women create an Individualized Goal Plan (IGP) that identifies the goals they have and the steps to take to reach self-sufficiency. Residents are to complete hours of volunteer service to a community-based organization each week, attend educational workshops at the house, and perform household responsibilities. **Has SAP component. No fees if not employed – prorated fees based on income.

FRIENDSHIP HOME – P.O. Box 30268 Lincoln, NE. 68501. PH: 402-437-9362 Emergency Hot-Line: 402-437-9302. Email: info@friendshiphome.org <http://www.friendshiphome.org/>

Provides shelter for women and their children who are victims of domestic violence and sexual assault. Provides an array of crisis intervention services, case management and emotional support to women and children in shelter and those who are waiting for shelter.

HOUSE FOR NEW LIFE – 4505 Holdrege St. Lincoln, NE. 68503. PH: 402-466-6080.
Nancy Carlson, Director.

A therapeutic, Christian based transitional living facility for ex-offenders, focusing on sex offenders. Life skills, church services, residence, food

HOUSE OF HOPE – 1124 N. Cotner Blvd. Lincoln, NE. 68508. PH: 402-435-3165.

Halfway house provides residence/aftercare treatment (groups and individual) for adult men that have completed chemical dependency treatment within the last year. Residents must be employable and be ambulatory. Sliding scale fee. **Has SAP component.

SUMMIT CARE AND WELLNESS – P.O. Box 6582, Lincoln, NE 68506: PH. 402-601-5641
www.summitcareandwellness.com email: info@summitcareandwellness.com

Summit Care and Wellness's transitional living programs provides transitional living for men who have successfully completed an alcohol/drug treatment program and/or for men who have chosen to live a clean and sober lifestyle and are actively pursuing recovery. There must be a 4 month commitment. **Has SAP component. Program Director is Nanette Gingery. Rent is \$125/week or \$500/month and \$500 is needed to begin program (rent adjustment possible). Dual diagnosis treatment possible at Short-term Residential. Mental health treatment available through Out-patient services.

Rainier House, 601 South 27th Street, Lincoln, NE 68510 402-742-6439

McKinley House, 2965 "P" Street, Lincoln, NE

Short – Term Residential Facility – 9300 Wagon Trail Road, Hickman, NE. 68372

NEW WAY HOME – (requested their address not to be listed). PH: 402-540-5001.

Providing a sober living environment for both men and women who are recovering alcoholics and drug addicts. There must be a 3 month commitment, attend AA/NA at least 3 times per week, must be employed within 2 weeks. Must do a phone screening with current house residents.

SOBER LIVING HOUSES OF NEBRASKA – 2030 Washington St. Lincoln, NE

PH: 402-327-9751 Providing a sober living environment for men. Must complete application and contract to apply. If on parole for less than 6 months, \$1450 is required up front to move in. If on parole for 6 or more months, a deposit of \$300 which includes first two weeks rent is required. The rent is \$400 per month after that. A minimum stay of 3 months is required.

ST. MONICA’S HOME – 120 Wedgewood Dr. Lincoln, NE. 68510. PH: 402-441-3768
<http://www.stmonicas.com/>

Residential/outpatient rehabilitation for women 19 years or older. Must be referred after primary treatment. Sliding scale fee. **Has SAP component. Project mother and child program. Project Strong Families program, Step-down Housing program, intensive outpatient, outpatient mental health and substance abuse services. In addition, St. Monica’s has added an Adolescent Girls Intensive Outpatient Program. (6-12 weeks of individualized, group, psychological assessments and education services for ages 13-18 yrs). Also offering outpatient mental health and substance abuse services for adolescent girls.

HOUSING ASSISTANCE

AGING PARTNERS – 1005 O Street, Lincoln, NE 68508, PH: 402-441-7070.

Listings of subsidized and retirement housing. List of retirement, Special Needs, Subsidized and also Nursing Care facilities.

ASSISTIVE TECHNOLOGY PARTNERSHIP – 3901 N 27th Street #5, Lincoln, NE,
www.housing.ne.gov PH: 1-877-428-8844

A free online service to list and find rental housing and housing services in Nebraska. Can also be accessed by phone toll free at 1-877-428-8844. Callers provide the desired location and how much they can spend. ATP will try to match the caller with housing they can afford.

CATHOLIC SOCIAL SERVICES – 2241 O Street, Lincoln, NE 68510, www.cssisus.org PH: 402-474-1600. St. Gianna Women’s Homes

A 24 apartment unit that is needed for victims of domestic violence and those escaping abortion. This program serves women of all faiths in the Diocese of Lincoln. St. Gianna does will not make any recommendations or referrals contrary to the Catholic faith and is staffed by the Marian Sisters.

CEDARS BRIDGES TRANSITIONAL LIVING PROGRAM – 6601 Pioneers Blvd. Lincoln, NE 68506, PH: 402-436-5437

Offers supervised community-based apartment living for youth ages 16-21 who may be homeless or coming out of the child welfare system. Independent living skills are highly emphasized. Family partner program available; emergency shelter available; early childhood development program.

COMMUNITY ACTION PARTNERSHIP – 210 O St. Lincoln, NE. 68508. PH: 402-471-4515 ext. 132 <http://www.communityactionatwork.org/> Hours: M-F 8-5pm

Assists low to moderate income families in securing safe and affordable housing. Supportive Housing Program provides intensive case-management, assistance with rent payments, and referrals to services that will support clients’ efforts to remain housed. Free weatherization for renters or homeowners, homes, apartments or mobile homes. Services include furnace inspection/maintenance, insulation, glass replacement and weather stripping. To be eligible, household income must be below 200% of the federal poverty guidelines and the home cannot have been previously weatherized after October 1, 1994.

HOUSING AND URBAN DEVELOPMENT AND VA SUPPORTIVE HOUSING PROGRAM (HUD-VASH) – 600 S 70th Street, Lincoln, NE 68510, PH: 402-489-3802 Ext. 68504

Program provides Section 8 vouchers for eligible homeless veterans.

CITY OF LINCOLN HOUSING AUTHORITY – 5700 R Street, Lincoln, NE 68505, www.l-housing.com PH: 402-434-5500. TDD Line: 1-800-545-1833 Ext. 875

Apply at office, no appointment necessary. Federally subsidized housing for low-income families and the elderly. Non-subsidized housing is also available.

Family Self Sufficiency Program – for families in Public Housing or Housing Choice Voucher Programs. Helps families work towards becoming financially self-sufficient. Each family works with a caseworker to develop an individual plan for up to a 5 year period. Families who reach their goals may receive an escrow savings account which is based on deposits made following increases in rent resulting from increases in earned income for the household. Support services include case management and financial assistance.

Rentwise – tenant education program that helps people know how to find and keep decent rental housing and how to become more successful renters. Renters who complete this program of six modules earn a certificate of completion to show potential landlords and property managers that they want to be good tenants.

Nebraska Telephone Assistance Program (NTAP) – assists qualifying low-income individuals with keeping telephone services affordable by lowering monthly service rates. Individuals can qualify for NTAP by participating in Medicaid, SNAP, Kid’s Connection, SSI, LIHEAP, National School Lunch Program Free Lunch program, Federal Public Housing, TANF/ADC, or if household income is at or below 135% of poverty level.

NEIGHBORWORKS LINCOLN – 2121 N. 27th St. Lincoln, NE **PH: 402-477-7181 <http://nwlincoln.org/>**

Homebuyer education classes, mortgage counseling and assistance, and foreclosure prevention. Call for more information.

URBAN DEVELOPMENT DIVISION – 555 South 10th St, Room 205, Lincoln NE.

PH: 402-441-7864/ TDD 402-441-7615.

Provide housing rehab assistance in Lincoln for low and moderate-income homeowners and investor owners of units with low and moderate income tenants. Also, first time homebuyer assistance for low and moderate-income households. Some programs limited to designated areas.

a. Direct/Deferred Loan Program – for low and moderate-income homeowners who do not qualify for HLP loan and who are located in low/moderate income areas. Deferred payment loans are available at 0% interest. Minimum monthly payment may be required.

b. Emergency Repair Loan Program - emergency repairs. (replacement of furnaces, water heaters, dangerous wiring, etc) by very low-income homeowners citywide. A 0% deferred payment loan with no payments as long as owner lives on the property.

c. FIRST HOME Program – for low and moderate-income first-time homebuyers citywide who haven’t owned a home in 3 years. Must complete homebuyer training by Neighborhoods Inc. Deferred loan assistance available for gap financing and housing rehab.

d. Home Improvement Loan Program (HLP). – A 0% interest loan for low income and moderate income homeowners wanting to make home improvements to their older homes, citywide. Priority given to low/moderate income areas.

Housing Authority (Lincoln) – 5700 R St., Lincoln, NE. 68505. **PH: 402-434-5500. TDD 800-545-1833 ex. 875. Family Resource Center 4621 NW 48th St. Lincoln, NE**

Federally subsidized housing for low-income families and the elderly. Non-subsidized housing also available.

MEDICATION ASSISTANCE

DRUG ASSISTANCE PROGRAMS - Many pharmaceutical companies offer patient assistance programs to provide prescription medicines free of charge to physicians whose patients might not otherwise have access to necessary medicines. Each company determines the eligibility criteria for its program. Eligibility criteria and application process varies. Criteria are based on the patient's insurance status and/or income level; some may also have residency requirements.

www.needymeds.com

www.rxassist.org

www.prescriptionassistance360.org

www.pharma.org

ANSWERS 4 FAMILIES – www.Answers4families.org – AskRx is a service of the Nebraska Pharmacist Association. You may ask questions about drugs or drug interactions and receive a personal e-mail reply from a pharmacist. Click on eldercare, then click on the AskRx icon.

Eli Lilly – www.lillytoassist.com or **PH:** 1-888-331-1002 - Eli Lilly, one of the largest pharmaceutical companies in the world, has a variety of patient assistance programs. If you are uninsured or underinsured and would like more information, visit the website.

LANCASTER COUNTY MEDICAL SOCIETY—4600 Valley Road Suite 250, Lincoln, NE 68510.

PH: 402/483.4800 lcmsne.org

Provides medication assistance through a national pharmaceutical company. Not all meds covered and will not qualify if person has ANY drug assistance coverage. Income maximums are: \$16,000/yr for single or \$24,000/yr. as family. A one-time medication refill will be provided at no cost.

MEDICARE RIGHTS CENTER (MRC) – <http://www.medicarerights.org/> **PH:** 800-333-4114.

The Medicare Rights Center is a not-for-profit organization dedicated to ensuring that older adults and people with disabilities get good, affordable health care. Medicare offers no prescription drug coverage. The MCR has put together a resource list of discount drug programs that could help save on prescription costs. Continued medication assistance on a case-by-case basis.

PEOPLE CITY MISSION – 401 N. 2nd Street, Lincoln, NE. **PH:** 402-817-0980

<http://www.peoplescitymission.org/index.php/free-clinic>

Has a medical clinic. Call for further information regarding available hours. Prescription assistance is provided to those patients who qualify. We can also assist you in receiving medications long term from pharmaceutical companies.

MENTAL HEALTH SERVICES

ASSOCIATES IN COUNSELING AND TREATMENT – 2110 S. 38th St. Lincoln, NE **PH:** 402-261-6667 <http://www.actnebraska.com>

Individual mental health counseling for adults and adolescents, marriage, family counseling, anger management, domestic violence, and co-occurring substance abuse. All services are on a sliding scale fee available for those who qualify. Call for appointment. Medicaid not accepted, insurance accepted.

BETTER LIVING COUNSELING SERVICES INC. – 7100 S. 29th St. Ste. B Lincoln, NE. **PH:** 402-476-0104 www.betterlivingcounseling.com

Offering services in family support, supervised visitation and in-home safety.

BLUE VALLEY MENTAL HEALTH SERVICES – 3901 Normal Blvd., Suite 201, Lincoln, NE.

PH: 402-261-4017 Fax 402-261-4137 www.bvbh.net

Community support/case management – mental health treatment for adults and youth for emotional and behavioral issues. Substance abuse services and evaluation; adult day treatment; family support services.

BRYAN LGH MEDICAL CENTER WEST – 2300 S. 16th St. Lincoln, NE PH: 402-481-5991
<http://www.bryanhealth.com/>

Outpatient, inpatient, partial hospitalization, and therapy groups. Emergency mental health care available. Medicaid accepted.

CATHOLIC SOCIAL SERVICES COUNSELING CENTER – 3700 Sheridan Blvd. Lincoln, NE PH: 402-474-1600.

Individual counseling, family, pregnancy counseling. Sliding scale fee.

CHILD GUIDANCE CENTER – 2444 O St., Lincoln, NE. 68510. PH: 402-475-7666 www.child-guidance.org

Outpatient mental health clinic for children, adolescents, and families. Groups available for incest/sexual abuse. Residential adolescent program for qualified 12-18 year olds. Sliding scale fee, Medicaid and insurance accepted. Call for appointment.

FAMILY SERVICE COUNSELING – 501 S. 7TH Lincoln, NE. PH: 402-441-7929
www.familyservicelincoln.org

Offers an array of prevention and intervention programs designed to support and strengthen the healthy development of all family members.

LUTHERAN FAMILY SERVICES – 2201 South 17th St., Lincoln, NE. PH: 402-435-2910 Fax: 402-435-2949
<http://www.lfsneb.org/>

Provides Behavioral Health Services that focus on the needs of those who have experienced trauma, including outpatient mental health treatment, substance abuse/addictions treatment, 24/7 urgent care and emergency and community support services; also treatment and therapeutic support for active military, veterans and their families. Assists with obtaining medication at a reduced cost for those who qualify.

MENTAL HEALTH ASSOCIATES – 650 J St. Suite 403 Lincoln, Nebraska PH: 402-435-1313
Provide counseling on sliding scale fee with flexible hours.

MENTAL HEALTH ASSOCIATION – 1645 “N” St., Lincoln, NE PH: 402-441-4371

Offers Peer support – LPD referral program to determine most effective services for the consumer.

MIDWEST INSTITUTE FOR FAMILIES AND YOUTH - 4701 Van Dorn St., Suite #1 Lincoln, NE. PH: 402-434-2550 Counseling services including individual and group counseling; substance abuse counseling, marriage and couples counseling. Accepts insurance and Medicaid.

NEBRASKA MENTAL HEALTH CENTER – 4545 S. 86th Lincoln, NE PH: 402-483-6990
<http://www.nmhc-clinics.com/>

Mental health and substance abuse programming for children, adolescents, adults and families. Domestic violence and anger management programs. Offering outpatient, group, and intensive outpatient.

OMNI BEHAVIORAL HEALTH – 2300 s. 13TH St., Lincoln, NE PH: 402-474-3322
<http://www.omnibehavioralhealth.com/>

Outpatient treatment for children and adults, specializing in home based therapy. Community treatment aide services. Sliding scale fee and Medicaid accepted.

ORIGINS BEHAVIORAL HEALTH – 5801 S 58th Suite C Lincoln, NE PH: 402-489-9990.
<http://www.originsbehavioralhealth.com/>

Specialize in substance related disorders, mental health and EMDR treatment. Also provide substance abuse evaluations, individual therapy, motivational interviewing, and aftercare and intervention services. Private insurance, Medicaid, and self-pay.

REGION V SYSTEMS – 1645 “N” St, Suite !, Lincoln, NE, Kristen Nelson PH: 402-441-4343
Advisory role only – for mental health and mental health emergency systems –
knelson@region5systems.net

UNIVERSITY OF NEBRASKA – LINCOLN FAMILY RESOURCE CENTER (East Campus Loop and 35th St.) Lincoln, NE PH: 402-472-5035. <http://cehs.unl.edu/cyaf/outreach/frc.shtml>
Marriage, family, individual, couples, family, and daily counseling. Sliding scale fee. Financial management and nutrition counseling also provided.

UNIVERSITY OF NEBRASKA (LINCOLN) COUNSELING AND SCHOOL PSYCHOLOGY - Psychological Consultation Center – 325 Burnett Hall Lincoln, NE. PH: 402-472-2351 www.psychology.unl.edu/pcc/home

Assessment and therapy for psychological problems to individuals, couples and families. Intakes are \$10 and therapy sessions are \$25 per session. A fee reduction application, based on household income, number of dependents, and federal poverty level is available. Forms of payment that are accepted are cash and check. Credit and debit cards are not accepted.

LINCOLN VETERAN’S CENTER (OUTREACH CENTER) – 3119 O St. Suite A Lincoln, NE PH: 402-476-9736 Referral and counseling services for combat related era veterans and families. Free services.

VICTIM/WITNESS PROGRAM – Patricia Sattler, Victim/Witness Specialist, Master Social Worker - Office of the Attorney General, 2115 State Capitol Building, Lincoln NE 68509 PH: 402-471-1911

RESIDENTIAL TREATMENT SERVICES

CENTER POINTE (Full Circle) – CENTER POINT (Full Circle) – 610 “J” St. Lincoln, Nebraska. Administrative Office located at 2633 “P” St. Lincoln, Nebraska PH: 402-475-8717 Adult Outpatient Services:. The outpatient services located at 1000 South 13th Street, Lincoln, NE. PH: 402-475-8718. Adult residential: PH: 402-475-8748.

Offers inpatient and outpatient treatment for dual diagnosed persons for drug and alcohol abuse. Day Treatment and Day Rehabilitation programs for dual disordered adults also offered. A mental health diagnosis is required. Offers dual diagnosis inpatient and outpatient treatment for mental health, drug, and alcohol abuse for residential programs.

INDEPENDENCE CENTER (Bryan/LGH Hospital) – 1640 Lake St. Lincoln, NE PH: 402-481-5268 <http://www.bryanhealth.com/AboutUs>

The Independence Center specializes in addressing issues of alcohol and/or drug abuse. The Independence Center offers the following services: Detox, Inpatient, Short-term Residential (STR), Day Treatment/Partial Care (PC), Intensive Outpatient (IOP), and Outpatient (OP). The Bryan Independence Center requires a down payment for those individuals seeking treatment who do not have insurance.

TOUCHSTONE – 2633 P St. Lincoln, NE. PH: 402-474-4343 info@str-touchstone.org <http://touchstonenebraska.org/>

Provides a comprehensive short-term residential treatment program promoting recovery, wellness and productive lifestyles changes.

SEX OFFENDERS COUNSELING AND PROGRAMS

CHILD GUIDANCE CENTER – 2444 O ST. Lincoln, NE PH: 402-475-7666 <http://www.child-guidance.org/treatment.html>

A sex offender relapse prevention program. Offers adolescent sex offender counseling ages 12-18 yrs. Also a residential adolescent program for 12 to 18 yrs.

COUNSELING AFFILIATES OF NEBRASKA- 1550 S. 70TH St., Suite 101 Lincoln, NE 68506 PH: 402-488-0077 Dr. Mary Paine, Dr. Giles, Dr. Jason Christensen

Provides general counseling and specialized sex offender programs.

DR. STEVE BLUM (Private Counseling) Long Professional Center 4535 Normal Blvd. Suite 212 Lincoln, NE PH: 402-441-9292. <http://www.stevenblum.net/>

Provide counseling for sexual offenders and sexual deviance, individual counseling.

KATY HILGENKAMP, MA, LMHP, CPC – Sex Offender Counseling -7341 Otoe St. Lincoln, Nebraska PH: 402-890-2550.

Provide out patient adult sex offender counseling. Offering individual sessions using a victim/advocacy cognitive behavioral approach. The offender is expected to complete written assignments and attend both individual and group therapy. The program can be expected to take a minimum of two years to complete. Marital, family, and victim therapy are also available to the families of the offenders. Fees: \$30 (group), \$60 (individual/family). Insurance and Medicaid accepted.

SPECIALIZED RESOURCES FOR WOMEN, MINORITY, AND DISABLED

FRIENDSHIP HOME – P.O. Box 85358 Lincoln, NE PH: 402-434-6353 <http://www.friendshiphome.org/>

Provides shelter for women and their children who are of domestic violence and sexual assault.

NAF – MULTICULTURAL HUMAN DEVELOPMENT CORPORATION – 300 N. 27th SUITE A, LINCOLN, NE. Regional Office: PH: (402) 734-4100

Provides classes to learn English as a second language, GED certification, financial assistance for college tuition, on the job training, job seeking skills and job placement. This is mostly for farm worker and Spanish speaking individuals. Administrative Office located in North Platte, NE. Regional Offices located in Columbus NE, Omaha NE, Gering NE, Grand Island NE. and South Sioux City, NE. Also provide emergency services as food, gas, and help with rent.

VOICES OF HOPE – 2545 N St. Lincoln, NE. PH: 402-476-2110. Crisis lines: 402-475-7273. voicesofhopelincn.org

Provides 24-hour advocacy and shelter for sexual assault and domestic violence victims and assistance with protection order applications. Short term services. Free of charge.

SAINT MONICA HOME – 120 Wedgewood Dr. Lincoln, NE PH: 402-441-3768. www.stmonicas.com

Residential/ outpatient rehabilitation for women over 19 years. Must be referred after primary treatment. Sliding scale fee. Project mother and child program, project strong families, intensive outpatient, outpatient mental health and substance abuse counseling.

AGING PARTNERS

AGING PARTNERS HEALTH AND FITNESS CENTER – 233 S. 10th St. Lincoln, NE PH: 402-441-7575

Open Monday-Friday, 8am – 4pm. Certified personal trainers available on Tuesday and Thursday by appointment. The suggested contribution is \$10/month for those over 60 and \$15/month for those under 60

AGING PARTNERS LINCOLN AREA – 1005 O St. Suite 300, Lincoln, NE PH: 402-441-7070
<http://lincoln.ne.gov/city/mayor/aging/>

The listing below covers areas throughout the state in Nebraska:

EASTERN NEBRASKA OFFICE ON AGING – 4223 Center Street, Omaha, NE. PH: 402-444-6536, 888-554-2711 <http://www.enoa.org/>

AGING OFFICE OF WESTERN NEBRASKA – (Bluffs Business Center) 1517 Broadway, Ste. 122, Scottsbluff, NE PH: 308-635-0851, 800-682-5140. <http://www.aown.org/>
Director: Cheryl Brunz

BLUE RIVERS AREA AGENCY ON AGING – 1901 Court, Beatrice, NE PH: 402-223-1376, 888-317-9417 <http://www.braaa.org/>

MIDLAND AREA AGENCY ON AGING – 305 No. Hastings, Rom 202, Hastings, NE PH: 402-463-4565, 800-955-9714 <http://www.midlandareaagencyonaging.org/index.html>

NORTHEAST NEBRASKA AREA AGENCY ON AGING – 119 W. Norfolk Ave, Norfolk, NE PH: 402-370-3454, 800-672-8368 <http://www.nenaaa.com/index.php>

SOUTH CENTRAL NEBRASKA AREA AGENCY ON AGING – 620 East 25th St., Ste. 12, Kearney, NE PH: 308-234-1851, 800-658-4320 <http://www.agingkearney.org/>

WEST CENTRAL NEBRASKA AREA AGENCY ON AGING – 115 N. Vine St. North Platte, NE PH: 308-535-8195, 800-662-2961 <http://www.wcnaaa.com/>

THE HARVEST PROJECT – 1005 “O” St., PH: 402-441-7070

Offers the services of an experienced multi-disciplinary outreach team. The team is comprised of three professional case managers who specialize in aging, mental health, and substance abuse concerns. Services are cost free, confidential and include identification and screening, crisis intervention, professional consultation assessment, etc., Referrals listed below.

PERSONAL & FAMILY SERVICES, 1005 “O” St. – PH: 402-441-7070

Free, confidential information regarding all aging services. Personal assistance, advice, and advocacy with any aging-related problems or concerns. Division of Aging Partners.

STATEWIDE SUPPORT GROUPS:

SUPPORT GROUPS: AA, ALANON, AND ADULT CHILDREN OF ALCOHOLICS, CA, EA,GA,NA,OA, SLAA, DOMESTIC VIOLENCE AND SEXUAL TRAUMA, HIV POSITIVE GROUPS. (See your local telephone listings for meetings and locations). Website: <http://lincaa.org/wp-content/uploads/2011/11/lincaa-meeting-list-2011-12.pdf>.

Alcoholics Anonymous (AA) – search for meetings by town, district, date, etc. <http://area41.org/>

Narcotics Anonymous (NA) – For meetings in the State of Nebraska, access this website and search for meetings in Nebraska and throughout the United states (including Lincoln). Website: <http://na.org/meeting>

Cocaine Anonymous: <http://www.canebraska.org/>

BRIDGING THE GAP – **PH:** (402) 556-1879

A temporary contact program designed to help the alcoholic in an alcoholism treatment program make that transition. Contact your local AA and ask for Bridging the Gap.

HEALTH DEPARTMENTS CITY, COUNTY AND DISTRICT

Lincoln-Lancaster County Health Department

3140 N St. Lincoln, NE **PH:** 402-441-8000 Fax: 402-441-6229 health@lincoln.ne.gov
<http://www.lincoln.ne.gov/city/health/>

Four Corners Health Department (Regional)

2101 N. Lincoln Ave. York, NE **PH:** 402-362-2621 or 1-877-337-3573 <http://www.fourcorners.ne.gov/>
(Butler, Polk, Seward, and York counties)

Public Health Solutions

995 East Highway 33 Ste. #1 Crete, N1E **PH:** 402-826-3880 or 888-310-0565 Email: tsutterphs@neb.rr.com (Fillmore, Gage, Jefferson, Saline, and Thayer counties)
<http://www.phsneb.org/>

Sarpy/Cass Department of Health and Wellness

701 Olsen Dr. Suite #101 Papillion, NE **PH:** 402-339-4334 or 800-645-0134 (Cass and Sarpy counties)
www.sarpycasshealthdepartment.org

Southeast District Health Department

2511 Schneider Ave. Auburn, NE **PH:** 402-274-3993 (Johnson, Nemaha, Otoe, Pawnee, and Richardson counties) www.sedhd.org

Grand Island and Vicinity Area Crisis Lines (24-hour)

Fire, Medical, Emergency, or Police ... 911

Crisis Center.....308-381-0555

American Red Cross.....800-733-2767

Child/Adult–Abuse/Neglect Hotline.....308-385-6123

Mid-Plains Center.....308-385-5250

The Poison Center.....1-800-222-1222

State Patrol Grand Island.....308-385-6000

State Patrol Holdrege.....308-995-8257

Emergency Highway Help...1-800-525-5555

Road Conditions ...1-800-906-9069

Suicide Hotline 1-800-273-8255

ALCOHOL/DRUG/GAMBLING PROGRAMS

THE BRIDGE – 907 S. Kansas Ave., Hastings, NE PH: 402-462-4677 www.thebridgehastings.com
The Bridge has offered long-term residential treatment services for women in a therapeutic, transitional setting. We are a gender competent facility located in a residential area of Hastings, Nebraska.

BLUE VALLEY BEHAVIORAL HEALTH – 722 S. Lincoln Ave. #1, York, NE PH: 402-362-6128. Offers chemical dependency counseling, intensive substance abuse program.

HASTINGS AREA COUNCIL ON ALCOHOLISM – 835 S. Burlington, Hastings, NE PH: 402-463-0524. Offers prevention, public information and education services.

HORIZON RECOVERY CENTER – 835 S. Burlington. Hastings, NE PH: 402-462-2066 <http://reviveinc.org/> Drug and alcohol rehab programs at Horizon Recovery and Counseling Center have been designed to offer comprehensive addiction treatment in a variety of forms to meet the spiritual, physical, and psychological needs of each individual. Christian based rehab program.

MID-PLAINS CENTERS – Offers individual, martial group and family counseling for chemical abuse. www.midplainscenters.org 24-hour crisis line 1-800-515-3226

Broken Bow Office

Ord Office

Grand Island Office

255 S. 10th Ave.

100 N. 15th Street

914 Baumann Drive

Broken Bow, NE 68822

Ord, NE 68862

Grand Island, NE 68801

PH: 308-872-2123

PH: 308-728-9979

PH: 308-385-5250

MILNE DETOXIFICATION CENTER – 406 West Koenig St. Grand Island, NE PH: 308-382-9451 Offers social detoxification for males and females.

PRAIRIE COUNSELING AND REHABILITATION – 207 N. Pine St., Suite 106 Grand Island, NE PH: 308-382-8604. www.prairiecounseling.org
Offers mental health, alcohol/drug counseling, education classes.

RICHARD YOUNG HOSPITAL – 1755 Prairie View Place Kearney, NE PH: 308-865-2000.
Provide mental health programs, alcohol evaluation through St. Francis Alcohol and Drug Treatment.

REGION III – A community based mental and substance abuse program. Program Regional Administration – 4009 6th Ave. Suite 65, Kearney, NE PH: 308-237-5113 <http://www.region3.net>
Offers directory for mental health and substance abuse programs in Region III.

SOUTH CENTRAL BEHAVIORAL SERVICES - Offers chemical dependency counseling, substance abuse program. <http://www.scbsne.com/>

Hasting Office

616 W. 5th St.

Hasting, NE 68901

PH: 402-463-5684

Holdrege Office

701 4th Ave. Rm. 7

Holdrege, NE 68948

PH: 308-237-5951

Kearney Office

3810 Central Avenue

Kearney, NE 68848

PH: 308-237-5951

ST. FRANCIS ALCOHOL AND DRUG TREATMENT CENTERS

Offers full services for alcohol and drug abuse, alcohol evaluations and alcohol education classes. For the inpatient program an evaluation must be completed within 90 days prior to intake.

Grand Island Area

2116 Faidley Avenue

Grand Island, NE 68801

PH: 308-398-5427

Kearney Area (satellite office)

1955 Prairie View Place

Kearney, NE

PH: 308- 865-2338

VETERANS HOSPITAL (Alcohol Program) – 2201 North Broadwell Ave, Grand Island, NE PH: 308-382-3660. In-patient treatment and counseling for chemical abuse for veterans.

COMMUNITY CENTERS/EMERGENCY SERVICES

CENTRAL NEBRASKA COMMUNITY SERVICES PROGRAM – 2525 W Lincoln Hwy. Grand Island, NE. 68801 **PH:** 308-385-5500. Broken Bow **PH:** 308-872-6013; Central City **PH:** 308-946-3794. Kearney 1404 E 39th Street Kearney NE **PH:** 308-236-5688

Provides referrals for local assistance for individuals and family problems.

DOMESTIC VIOLENCE CENTER THE S.A.F.E. CENTER – 3710 Central Ave Suite 10 Kearney NE **PH:** 308-237-2599 **Línea de Crisis en Español: 1.877.215.0167**

24 Hour on-call services, Free Professional Counseling, Emergency shelter, Support Group, Liaison with community agencies, Information Concerning Legal Alternatives, Public Education programs for community groups, Protection order Advocacy, Supportive Atmosphere, Information & Referrals for: Counseling, Housing, Legal Alternatives, Emergency Assistance, and much more!

HOPE HARBOR – 610 W. Division, Grand Island, NE 68801 **PH:** 308-385-5190

www.hopeharborgi.org Offers shelter for women/married couples/children.

HORIZON RECOVERY INC – (Unity House) located in the Hasting area. 835 S. Burlington Ave.

PH: 402-462-2066. www.horizonrecoverycenter.com

Transitional living facilities for recovering alcohol and drug rehab. Interested parties need to contact Horizon Recovery as locations are not published.

LUTHERAN FAMILY SERVICES OF NEBRASKA AT EASE – Great Western Bank Building 1811 West 2nd Street, Suite 365 Grand Island NE 68803 **PH:** 308-382-4255 Fax: 308-382-8149

www.lfsneb.org

Trauma treatment and therapeutic support for active military, veterans and their loved ones. Serving Adams, Blaine, Buffalo, Clay, Custer, Franklin, Furnas, Garfield, Greeley, Hall, Hamilton, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Valley, Sherman, Webster and Wheeler Counties.

MIDLAND AREA AGENCY SENIOR CENTER – CENTRAL CITY, NE 68826. **PH:** 308-946-3779.

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES – 116 S. Pine, Grand Island NE. 68801 **PH:** 308-385-6100. Hastings, NE area: **PH:** 402-462-1800.

Provides financial assistance, food stamps, and parenting classes.

RISE – (Rural Improvement for Schooling and Employment) State Probation Program 2022 A Ave. Kearney, NE - **PH:** 308-236-1240

SALVATION ARMY – 818 West 3rd St. Grand Island, NE. 68801 **PH:** 308-382-4855.

Provides food pantry, emergency shelter and clothing.

SENIOR CENTERS – Grand Island, NE. 68801 **PH:** 308-385-5308.

VETERANS ADMINISTRATION - Grand Island, NE. 68801 **PH:** 1-800-827-1000. Broken Bow – **PH:** 308-872-5701/ Grand Island, NE. **PH:** 308-382-3660.

NEBRASKA VOCATIONAL REHABILITATION: 203 E Stolley Park Rd, GRAND ISLAND, NE, 68803. 315 W. 60th St. #400, Kearney NE 68845. **PH:** 308-385-6200.

Representative can assist with education, resume building, job search and training for finding and retaining employment. The client must have a physical disability, a mental health or substance diagnosis, or any combination of the three.

EDUCATION ASSISTANCE

CENTRAL COMMUNITY COLLEGE –

550 s. Technical Blvd.

Hastings, NE 68901

PH: 402-463-9811

3134 W. Hwy. 34

Grand Island, NE 68801

PH: 308-398-4222

CENTRAL NEBRASKA COMMUNITY SERVICES PROGRAM - 2525 West Lincoln St. Grand Island, NE. 68801 **PH: 308-385-5500.**

Provides educational programs and referrals for local assistance for individuals and family problems.

CENTRAL NEBRASKA COUNCIL ON ALCOHOLISM – 219 W. 2ND STREET, GRAND ISLAND, NE 68801. **PH: 308-385-5520.**

Offers prevention, public information and alcohol, drug education classes. Tobacco cessation classes.

KEARNEY DAY REPORTING CENTER – 2022 A Ave Kearney NE 68847 **PH: 308-236-1240**

Offers GED Services

HASTINGS AREA COUNCIL ON ALCOHOLISM – 835 S. Burlington, Hastings, NE. 68901 **PH: 402-463-0524.**

Offers prevention, public information and education services.

EMPLOYMENT ASSISTANCE

GOOD WILL INDUSTRIES – 2223 N. Webb Rd Grand Island, NE. 68801 - **PH: 308-384-7010.**

Provides job assistance on a limited basis.

NAF (Multicultural Human Development Corporation) – 1306 W. 3rd St. Grand Island, NE. **PH: 308-385-5021. Administrative Office located in North Platte, NE.; Regional Offices located in Columbus, NE; Omaha, NE; Lincoln, NE; Gering, NE; South Sioux City, NE.**

Offers classes to learn English as a second language, GED certification, financial assistance for college tuition, on the job training, job seeking skills and help with job placement.

WORKFORCE DEVELOPMENT - 203 E. Stolley Park Rd., Suite A Grand Island, NE. 68801

****PH:** 308-385-6300. Hastings NE. 68901 **PH:** 402-462-1867.**

Provides assistance for securing jobs.

UNEMPLOYMENT INSURANCE SERVICE - 724 W. Koenig St. Grand Island, NE. 68801 **PH: 308-865-5419**

VOCATIONAL REHABILITATION: 203 E Stolley Park Rd Suite A, GRAND ISLAND, NE, 68803. **PH: 308-385-6200 315 W. 60th St. #400, Kearney NE 68845. **PH:** 308-865-5343.**

Representative can assist with education, resume building, job search and training for finding and retaining employment. The client must have a physical disability, a mental health or substance diagnosis, or any combination of the three.

COMMUNITY SERVICE LOCATIONS

1. GOODWILL
2. NEBRASKA GAME AND PARKS RECREATION
3. SALVATION ARMY
4. LOCAL ANTIQUE CAR SHOW ROOM
5. HABITAT FOR HUMANITY
6. ANIMAL SHELTER
7. LOCAL CHURCH
8. JUBILEE CENTER / FOOD PANTRY / SERVING FOOD
9. MID NEBRASKA COMMUNITY PARTNER ACTION GROUP
10. LOCAL PROVIDERS SPEAKING FOR GROUPS SHARING STORY
11. AA/NA CLUB HOUSE IN TOWN
12. ST FRANCIS DRUG AND ALCOHOL GRAND ISLAND
13. OXFORD HOUSE
14. S.A.F.E CENTER IN KEARNEY

FINANCIAL ASSISTANCE AND HEALTH CARE SERVICES

CENTRAL NEBRASKA COMMUNITY SERVICES PROGRAM – 2525 W. Lincoln Hwy Grand Island, NE. 68801 PH: 308-385-5500.

Provides educational programs and referrals for local assistance for individuals and family problems.

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES – 116 South Pine, Grand Island NE. 68801 PH: 308-385-6100. Hastings, NE 68901- PH: 402-462-1800.

Provides financial assistance, food stamps, and parenting classes.

THIRD CITY COMMUNITY CLINIC – 1107 N. BROADWELL, SUITE B, GRAND ISLAND, NE 68801. PH: 308-398-5312

Target Population: Low income individuals without health insurance or government assistance with health care. Fee: \$5.00 donation. Offers assistance to persons living in Hall, Howard and Hamilton counties.

HOUSING ASSISTANCE AND HALFWAY HOUSING

DEBORAH'S LEGACY, INC. – North Platte, NE PH: 308-520-1489 www.deborahslegacy.org

Legacy is a community for women faced with homelessness. The mission of Legacy is to provide a faith-based sanctuary along with an array of support services and educational opportunities for young women. Legacy's residential program provides long-term secure housing as a haven from the social, psychological and economic factors that drive women to desperate means for survival.

FRIENDSHIP HOUSE – 406 West Koenig Grand Island, NE. 68801 PH: 308-382-0422.

Residential halfway house for adult males who have completed treatment for chemical abuse. Also have AA/NA meetings.

HOPE HARBOR – 610 W. Division, Grand Island, NE 68801 PH: 308-385-5190

Offers shelter for women/married couples/children.

HORIZON RECOVERY – (Unity Houses) located in the Hasting area. PH: 402-462-2066.

A transitional living facilities for recovering alcohol and drug rehab. Interested parties need to contact Horizon Recovery as locations are not published. www.horizonrecoverycenter.com

OXFORD HOUSE – 1910 WEST 9th, GRAND ISLAND, NE. 68801 PH: 308-675-0024.

Oxford House -803 W 9th Grand Island, NE 68801 PH: 308-675-1111. Kearney – (Harmon Park) 2806 Central Avenue, Kearney ,NE 68847 PH: 308-224-3500.

A self sufficient halfway house for recovering alcoholics and drug abuse.

SALVTION ARMY – 818 W. 3RD ST. GRAND ISLAND, NE 68801. PH: 308-382-4855.
Provides emergency shelter for the homeless.

THE BRIDGE, INC. – 907 S. Kansas Avenue, HASTINGS, NE 68901. PH: 402-462-4677.
www.thehastingsbridge.com. A residential treatment program for women and intensive outpatient substance abuse program for women.

**MENTAL HEALTH AND SPECIALIZED RESOURCES FOR WOMEN, MINORITIES,
DISABLED AND AGING**

THE BRIDGE – 907 S. Kansas Ave., Hastings, NE. 68901 PH: 402-462-4677. Residential program for women. www.thehastingsbridge.com
Offers a residential treatment program for women and intensive substance abuse program for women.

BLUE VALLEY BEHAVIORAL HEALTH – 722 S. Lincoln Avenue #1, York, NE 68467 Contact: PH: 402-362-6128. www.bvbh.net
Offers chemical dependency counseling.

CENTER FOR PSYCHOLOGICAL SERVICES – 4111 4th Ave #32, Kearney NE 68845. PH: 308-234-6029.
Provides mental health services.

CENTRAL NEBRASKA GOODWILL INDUSTRIES – 2223 N. Webb Rd. Grand Island, NE 68801 PH: 308-384-7010.

DEVELOPMENTAL DISABILITIES/ SERVICES COORDINATION – Grand Island, NE. 68801 PH: 308-385-6224.

HOPE HARBOR – 610 W. Division, Grand Island, NE 68801 PH: 308-385-5190
Offers shelter for women/married couples/children.

LUTHERAN FAMILY SERVICES – Great Western Bank Building 1811 W. 2nd St. Suite 365 Grand Island, NE. 68803 PH: 308-382-4255.
Offers individual, marital group and family counseling plus education classes for chemical abuse and parenting skills.

MARY LANNING HOSPITAL - 715 N St. St. Joseph Ave. Hastings, NE. 68901 PH: 402-463-7711.
Offers mental health counseling and programs.

MID-NEBRASKA INDIVIDUAL SERVICES - 710 Kiowa Lane, Broken Bow, NE. 68822 PH: 308-872-6415 2536 N. Carleton Grand Island, NE. 68802 PH: 308-385-5775.

MID-PLAINS CENTER – Broken Bow NE. 68822 PH: 308-872-6705.

RICHARD YOUNG HOSPITAL – 1755 Prairie View Place Kearney, NE. 68847 PH: 308-865-2000.
Provide mental health programs, alcohol evaluation through St. Francis Alcohol and Drug Treatment.

REGION III BEHAVIORAL COMMUNITY SERVICES – Based Mental Health and Substance Abuse Program- Program Regional Administration – 4009 6TH AVE. #65, Kearney, NE. 68847 PH: 308-237-5113.
Offers mental health and substance abuse programs.

SOUTH CENTRAL COMMUNITY MENTAL HEALTH CENTER – 616 West 5th St. Hastings, NE. 68901 PH: 402-463-5684. scbs.ne.com

Offers mental health services.

VETERANS MEDICAL CENTER –Grand Island, NE. 68801 PH: 308-382-3660.

SUPPORT GROUPS: AA,NA,CA,GA,EA,DOMESTIC VIOLENCE, AND (see local telephone listings for meeting places, times and location.).

SEX OFFENDER PROGRAMMING

PRAIRE INSTITUTE OF PSYCHOLOGY – 207 N. Pine St., Grand Island, NE 68801. PH: 308-382-8604.

Offering sex offender counseling services, evaluations in office or where the individual is incarcerated, and group sessions.

SANDRA KROEKER - P.O. BOX 684, Henderson, NE 68371. PH: 402-723-4883.

Offering sex offender weekly group session in Kearney and individual sessions in Henderson. Parties should call the phone number listed for both areas.

SOUTH CENTRAL COMMUNITY MENTAL HEALTH CENTER – 616 West 5th St. Hastings, NE. 68901 PH: 402-463-5684. scbs.ne.com

Offers mental health services and sex offender treatment.

HEALTH DEPARTMENTS CITY, COUNTY AND DISTRICT

Clay County Health Department

Laurie Sheridan, RN BSN, Director
209 West Fairfield
Clay Center, NE 68933
PH: (402) 762-3571
Clay County/Clay Center

York County Health Department

York Hospital
2222 10th Avenue
York, NE 68467
PH: (402) 362- 0421

Central District Health Department

Teresa Anderson, Director
1137 S. Locust St.
Grand Island, NE 68801
PH: (308) 385-5175
(Hall, Hamilton, and Merrick counties)

Four Corners Health Department

Vicki Duey, Director
2101 N. Lincoln Ave.
York, NE 68467
PH: (402) 362-2621
(Butler, Polk, Seward, and York counties)

Loup Basin Public Health Department

Charles (Chuck) Cone, Director
934 I St. Box 995

Burwell, NE 68823

PH: (308) 346-5795

(Blaine, Custer, Garfield, Greeley, Howard, Loup, Sherman, Valley, and Wheeler counties)

North Central District Health Department

Roger Wiese, Director

422 E. Douglas St.

O'Neill, NE 68763

PH: (402) 336-2406

(Antelope, Boyd, Brown, Cherry, Holt, Keya Paha, Knox, Pierce, and Rock counties)

Public Health Solutions

M Jane Ford Wittoff, Director

995 East Highway 33

Crete, NE 68333

PH: (402) 826-3880

(Fillmore, Gage, Jefferson, Saline, and Thayer counties)

Sandhills District Health Department

Rhonda Theiler, Director

55 River Road Suite 24

Ogallala, NE 69153

PH: (308) 284-6054

(Arthur, Deuel, Grant, Hooker, Keith, and Thomas counties)

South Heartland District Health Department

Michele Bever, Director

606 N. Minnesota Suite 2

Hastings, NE 68901

PH: (402) 462-6211

(Adams, Clay, Nuckolls, and Webster counties)

Two Rivers Public Health Department

Terry Krohn, Director

701 4th Avenue

Holdrege, NE 68949

PH: (308) 995-4778

(Buffalo, Dawson, Franklin, Gosper, Harlan, Kearney, and Phelps counties)

North Platte and Vicinity Area Crisis Line (24 hour)

Fire, Medical Emergencies, or Police 911

American Red Cross-Military Emergency ... 1-800-987-4272

Boystown National Hotline ... 1-800-448-3000

Child/Adult – Abuse/Neglect Hotline ... 1-800-652-1999

Domestic Violence & Sexual Assault Crisis Lines:

North Platte....308-534-3495

Ogallala.....308-284-6055

McCook.....308-345-5534

Emergency Highway Help ... 1-800-525-5555

HHSS Child/Adult Abuse Reporting Hotline...800-652-1999

Poison Center ... 1-800-222-1222

ALCOHOL/DRUG/GAMBLING PROGRAMS

AURORA COUNSELING – P.O. BOX 2078, NORTH PLATTE, NE., 69101. PH: 308-532-2335.
Offers substance abuse counseling services.

CORA S. BERRY, PC – 812 W. 13TH, McCook, NE 69001. PH: 308-345-1429.
Offers substance abuse counseling services (willing to cover surrounding counties).

COUNSELING CENTER – 421 NORTH OAK STREET, NORTH PLATTE, NE 69101. PH: 308-532-8300 and McCook .
Offers outpatient counseling, relapse prevention and SAP evaluations. They are also the local provider for the Continuous Alcohol Monitoring program (CAM).

COUNSELING PROFESSIONALS – 513 N. Grant St. Suite D LEXINGTON, NE 68850. PH: 308-324-3785. Also located in McCook at 1701 West N Street PH: 308-345-4076
Offers substance abuse counseling services.

FOUR ROADS/ TWO BRIDGES COUNSELING – 513 N. GRANT Suite 3A, LEXINGTON. NE. 68850. PH: 308-324-0222.
Offers substance abuse counseling services. Also offers Spanish speaking therapist.

HEARTLAND COUNSELING AND CONSULTING CLINICS – 110 North Bailey, North Platte, NE 69103 – PH: (308) 534-6029
Offers individual and group counseling for drug and alcohol abuse as well as mental health counseling. Also provides services for McCook (308-345-2770), Ogallala (308-284-6767), Imperial (308-882-4203), and Lexington (308-324-6754).

LUTHERAN FAMILY SERVICES – 120 East 12th St. North Platte, NE. 69101 PH: 308-532-0587. Satellite Offices: McCook (308) 345-7914; Lexington (308) 324-6995.
Provides a variety of individual, group and family counseling for drug, alcohol abuse and mental health, including intensive outpatient treatment covering a variety of issues which ranges between 60 and 68 hours of direct services. Works with EMDR for PTSD. Sliding scale fee. There is also a Veteran's grant to help with the cost.

NEW BEGINNINGS THERAPY – 308 W 4th STREET., NORTH PLATTE, NE 69101. PH: 308-532-0777.
Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

OGALLALA COUNSELING PC – 103 E. 10th Street P.O. Box 297, Ogallala, NE 69153. PH: 308-284-6519.
Offers substance abuse counseling services and mental health.

PANHANDLE MENTAL HEALTH CENTER –2246 JACKSON ST. SIDNEY, NE 69162 PH: 308-254-2649.
Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

COMMUNITY CENTERS AND EMERGENCY SERVICES

CONNECTION HOMELESS SHELTER – 511 N Jeffers. North Platte, NE. PH: 308-532-5050.
Resource offering food and shelter for the homeless.

GRACE MINISTRIES – 114 EAST C ST. NORTH PLATTE, NE. 69101. PH: 308-532-1238.
Food Pantry.

HERSHEY BAPTIST CHURCH – 321 SUNSET DR. HERSHEY, NE. PH: 308-368-5582.
Food Pantry.

HOUSEHOLD GOODS & CLOTHING/FURNITURE – (SEE LISTING BELOW)

Bargain Bin – 421 E. 3rd, North Platte, NE. **PH:** 308-534-9121.

Goodwill Industries – 102 E. William Ave. North Platte, NE. **PH:** 308-532-6221.

The Thrift Connection – 422 E. 6th St. North Platte, NE. **PH:** 308-534-7634.

The Thrift Center – 218 W. 4th, North Platte, NE. **PH:** 308-534-3514.

SALVATION ARMY – 1020 N. Adams Ave. , NORTH PLATTE, NE 69101 **PH: 308-532-2038.**

Offers food pantry and clothing.

EDUCATION AND EMPLOYMENT ASSISTANCE

CENTRAL COMMUNITY COLLEGE – 1501 Plum Creek Parkway Suite 1, LEXINGTON, NE 68850. **PH: 308-324-8480.**

Academic College Services include GED instruction and testing for adults who wish to improve their education.

MID PLAINS COMMUNITY COLLEGE (Adult Basic Education) 1101 Halligan Dr. and 601 W State Farm Rd, North Platte, NE. 69101 **PH: 308-535-3600 (Toll Free 800-658-4308. Other campuses at McCook 308-345-8100 and Ogallala 308-284-9830.**

Technical/Vocational College and Academic College. Services include GED instructions and testing for adults who wish to improve their education.

SIDNEY CENTER (WESTERN NE COMMUNITY COLLEGE), 371 COLLEGE DR., SIDNEY, NE 69162. **PH: 308-254-5450. TOLL FREE: 800-222-9682.**

Technical/Vocational College and Academic College. Services include GED instruction and testing for adults who wish to improve their education.

WORK FORCE DEVELOPMENT – 306 E. 6TH ST. Suite #140 NORTH PLATTE, NE. 69101 **PH: 308-535-8320; Lexington, NE. 68850 1501 Plum Creek Parkway, Suite 3 **PH:** 308-324-2064; McCook, NE. 69001 212 E B **PH:** 308-345-8470; Sidney, NE. 69162 923 8th Avenue. **PH:** 308-254-6937.**

Offers employment assistance and also provide testing and evaluation services for possible job placement.

NEBRASKA VOCATIONAL REHABILITATION – 200 South Silber St. North Platte, NE. 69101 **PH: 308-535-8100.**

Provides assistance for educational and or training programs for parolees with physical and mental limitations. This office covers Southwestern NE.

FOOD PANTRIES

BRADY COMMUNITY BUILDING – 210 North Main Street Brady, NE – **PH: (308) 584-3316**
Open Monday-Friday 8am-Noon

COMMUNITY ACTION PARTNERSHIP OF MID-NEBRASKA – 900 East 10th Street North Platte, NE – **PH: (308) 532-3250**

GRACE MINISTRIES – 114 East C Street North Platte, NE – **PH: (308) 532-1238**
Open 1:00pm-3:00pm Monday-Friday

SALVATION ARMY – 1020 North Adams North Platte, NE – **PH: (308) 532-2038**
Open Mon-Thurs 9am-12pm & 1pm-4pm; Fri 9am-1pm. Soup supper: Fridays 5:30-6:30pm

VALENTINE FOOD PANTRY, located inside St. John’s Episcopal Church – 372 N Main Street Valentine, NE 69201 – **PH: (402) 376-1172. Contact person: Christy Benson.**
Valentine Food Pantry is open Thursday mornings from 10am-noon except on holidays.

FINANCIAL AND HOUSING ASSISTANCE

NE DEPARTMENT OF HEALTH AND HUMAN SERVICES SYSTEM - 200 S. Silber St. North Platte, NE. 69101 PH: 308-535-8200.

Provides services for food stamps, childcare, aid to families with dependent children, and low-income assistance. (Satellite offices in Ogallala, Imperial, McCook and Lexington, NE.).

CITY OF NORTH PLATTE HOUSING AUTHORITY – 900 Autumn Park Dr. North Platte, NE. 69101 PH: 308-534-4887. Housing Authority also located in Cozad (308-784-3661, Curtis (308-367-4168), Eustis (308-486-5444, Gothenburg (308-537-7275, Indianola (308-364-2423, Oshkosh (308-772-3941).

Provides help for low- income families with rent if certain requirements are met.

SOCIAL SECURITY OFFICE – 300 E. 3RD, NORTH PLATTE, NE 69101 PH: 308-532-9502. (TOLL FREE 800-772-1213. Provides help in starting the SSI process.

HEALTH CARE

NEBRASKA VOCATIONAL REHABILITATION – 200 South Silber St. North Platte, NE. 69101 PH: 308-535-8100.

Provides assistance for educational and or training programs for parolees with physical and mental limitations. This office covers Southwestern NE.

NE DEPARTMENT OF HEALTH AND HUMAN SERVICES SYSTEM - 200 S. Silber St. North Platte, NE. 69101 PH: 308-535-8200. (Satellite offices in Ogallala, Imperial, McCook, Lexington, and Sidney, NE.).

Provides services for food stamps, childcare, aid to families with dependent children, and low-income assistance.

LUTHERAN FAMILIY SERVICES – Women’s Health Services – 200 W. 7th St., LEXINGTON, NE. 68850. PH: 308-324-6223. Provides pregnancy testing and counseling for women.

MENTAL HEALTH

AURORA COUNSELING SERVICES – P.O. Box 2078, NORTH PLATTE, NE 69101 PH: 308-532-2335.

Offers Mental Health and Substance Abuse counseling services.

COUNSELING CENTER – 421 North Oak St., North Platte, NE., 69101. PH: 308-532-8300. Offices also located in Lexington (308-324-1842) and McCook (308-345-5592).

Offers mental health and substance abuse counseling services.

FOUR ROADS /TWO BRIDGES COUNSELING – 513 N. GRANT Suite 3A, LEXINGTON. NE. 68850. PH: 308-324-0222.

Offers substance abuse counseling services. Also offers Spanish speaking therapist

HEARTLAND COUNSELING AND CONSULTING CENTER – 110 North Bailey North Platte, NE. 69101 PH: 308-534-6029.

Offers individual and group counseling for drug and alcohol abuse as well as mental health counseling. These agencies also provide services for McCook (308-345-2770), Ogallala (308-284-6767), Imperial (308-882-4203), and Lexington (308-324-6754)., NE.

LUTHERAN FAMILY SERVICES – 120 East 12th St. North Platte, NE. 69101 PH: 308-532-0587. Satellite Offices: McCook (308-345-7914), Lexington (308-324-6995) and Gothenburg (308-537-4306).

Provides a variety of individual, group and family counseling for drug, alcohol abuse and mental health including intensive outpatient treatment covering a variety of issues which ranges between 60 and 68 hours of direct services. Sliding scale fee.

NEW BEGINNINGS THERAPY – 308 W 4th St., NORTH PLATTE, NE 69101. PH: 308-532-0777.
Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

PANHANDLE MENTAL HEALTH CENTER – 2246 Jackson St., Sidney, NE., 69162. PH: 308-254-2649.

Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

SUPPORT GROUPS: AA, NA, GA, CA (see local telephone listings for locations and meeting times).

PANHANDLE PUBLIC HEALTH DISTRICT

Kim Engel, Director
808 Box Butte Avenue/Box 337
Hemingford, NE 69348
PH: 308-487-3600
Fax: 308-487-3682
Email: kengel@pphd.org
Website: www.pphd.org

Banner County/Harrisburg, Box Butte County/ Alliance, Cheyenne County/Sidney, Dawes County/Chadron, Deuel County/Chappell, Garden County/Oskehosh, Kimball County/Kimball, Morrill County/Bridgeport, Sheridan Count/Rushville, Sioux County/Harrison.

SCOTTSBLUFF AND VICINITY 24-HOUR CRISIS LINES

For Fire, Medical Emergencies and Police ... 911

Federal Bureau of Investigation 1-308-532-5116

Wyoming Highway Patrol ... 1-800-442-9090

Nebraska State Patrol ... 308-632-1211

Emergency State Patrol ...1-800-525-5555

Poison Control Center... 1-800-222-1222

Spouse Abuse ... 308-436-HELP (4357)

Domestic Assault & Sexual Assault Program/ Family Violence & Sexual Assault

Toxic Chemical & Oil Spills (National Response Center) ... 1-800-424-8802

ALCOHOL/DRUGS/MENTAL HEALTH/COUNSELING

ADDICTION COUNSELING/CONSULTATION SERVICES {ACCS}

1917 Ave. , Scottsbluff, NE 69361 **PH:** (308) 633-1390

Individual, group, couples alcohol/drug counseling, Women's IOP, Enhanced OP. Sliding fee scale & Justice Voucher. Authorized agent for CAM monitoring in the panhandle. Group includes Juanita Rodriguez, Gary Cotton and Suzanne Crane.

OPEN DOOR COUNSELING

Bluffs Business Center, 1517 Broadway, Suite 110, Scottsbluff, NE 69361

PH: (308) 225-4335

Sandra M. Raney

Substance Abuse and Mental Health Counseling

HUMAN SERVICES INC.

419 W 25th St., Alliance, NE – **PH:** (308) 762-7177

Short-term residential, intensive outpatient treatment, and outpatient treatment. Dual diagnosis capable. Also provides transitional treatment and housing. Must pay monthly rent and continue to participate in required on-site substance abuse programming. Accepts justice voucher, Medicaid, and Magellan.

PARTNERS IN BEHAVIORAL HEALTH

Medical Plaza North, 2 West 42nd St. Suite 3200, Scottsbluff, NE

PH: (308) 635-3888 or (308) 635-1591

Family, couples and individual counseling and inpatient and outpatient medical treatment for stress, grief, depression, anxiety, eating disorders and substance abuse.

OPTIONS IN PSYCHOLOGY

2622 Ave. C, Scottsbluff, NE 69361 **PH:** (308) 632-8547

Marriage, family and individual counseling. Substance abuse, stress, grief and Depression. Accepts justice voucher.

NORTHEAST PANHANDLE SUBSTANCE ABUSE CENTER (NEPSAC)

PO Box 428, Gordon, NE **PH:** (308) 282-1101

301 Foch St.

Works with Region 1 to provide substance abuse evaluations as well as in-patient and out-patient treatment and counseling for substance abuse. Contact Victor Gehrig or Jane Morgan. Chadron has outpatient services only. Accepts justice voucher for STR, OP, and evaluations.

REGIONAL WEST MEDICAL CENTER

4021 Ave. B., Scottsbluff, NE **PH:** (308) 632-8402

Provides alcohol and drug evaluations, intensive outpatient and aftercare for chemical abuse and mental health.

www.rwmc.net

PANHANDLE MENTAL HEALTH CENTER

4110 Ave. D, Scottsbluff, NE 69361 **PH:** (308) 635-3171

Provides services for mental health & medications, crisis support, transportation, emergency shelter, housing and support, case management, meals, education, assistance obtaining benefits. Accepts Justice Voucher programming for Substance Abuse.

www.pmhc.net

Satellite Offices:

Scottsbluff, NE. – 1620 Broadway ROFC, Scottsbluff, NE. **PH:** (308) 632-1450

Alliance, NE. – 212 Box Butte Ave., Alliance, NE. **PH:** (308) 762-2545

Chadron, NE. – 651 W 4th St., Chadron, NE. **PH:** (308) 432-6106

Sidney, NE. – 2246 Jackson St., Sidney, NE. **PH:** (308) 254-2649

MENTAL HEALTH ALLIANCE

815 Flack Avenue Alliance, NE 69301 – **PH:** (308) 762-2723

Provides mental health counseling, substance abuse counseling, and mental health medication management.

CROSSROADS - contact: Joan Yekel

651 W 4th Street Chadron, NE 69337 – **PH:** (308) 432-3920

Provides mental health counseling, substance abuse counseling, gambling counseling, and evaluations. Accepts Medicaid and private insurance.

VILLAGE THERAPY RESOURCES – contact: Teena Kendrick

318 Shelton Chadron, NE 69337 – **PH:** (308) 432-5437

Provides mental health therapy for family, children, adults, and PTSD victims. Accepts Medicaid, private insurance, and will accept sliding scale fees.

COMMUNITY ASSISTANCE CENTERS

WORKFORCE DEVELOPMENT

Job placement referral and employment counseling.

505-A Broadway, Suite 300, Scottsbluff, NE 69361

PH: (308) 632-1420

www.dol.state.ne.us

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

1600 10th St., Gering, NE – **PH:** (308) 436-6500

Provides services for food stamps, childcare, aid to dependent children, low-income energy assistance.

www.hhs.state.ne.us

COMMUNITY ACTION PARTNERSHIP of WESTERN NEBRASKA {CAPWN}

3350 N 10th St., Gering, NE – **PH:** (308) 635-3089

Provides emergency food pantry, child care services, head start, housing and child development. Also provides services under **Health Care**.

www.pcsvcs.org

WESTERN NEBRASKA LEGAL SERVICES

9 E 15th St., Scottsbluff, NE – **PH:** (308) 632-4734

Services include legal representation to those who are unable to obtain a lawyer or legal advice. No fee.

Transitional Living Care Coordinator

Community Action Partnership of Western Nebraska

Sabrina Sosa

TLP & MGHTLP

1412 2nd Ave Apt. 3

Scottsbluff, NE 69361

PH: (308) 632-8811

Fax: (308) 635-0264

ssosa@capwn.org

DISABILITY RIGHTS NEBRASKA

Community Outreach Disability Advocate

1425 First Avenue, Scottsbluff, NE 69361, Phone: 308-633-1352 Cell: 308-631-5367

134 South 13th Street, Suite 600, Lincoln, NE 68508, **PH:** 402-474-3183

Toll-Free in Nebraska: 1-800-422-6691

Fax: 402-474-3274

mindy@drne.org Visit our website at www.disabilityrightsnebraska.org

LAW ENFORCEMENT/EMERGENCY SERVICES

NEBRASKA STATE PATROL-Troop "E"

(308) 632-1211

www.nsp.state.ne.us

SCOTTSBLUFF POLICE DEPARTMENT

1801 Ave. B, Scottsbluff, NE (308) 632-7176

Provides emergency funds through the Salvation Army.

www.scottsbluff.org

GERING POLICE DEPARTMENT

1025 P St., Gering, NE (308) 436-5088

Provides emergency funds through the Salvation Army.

www.gering.org

SCOTTS BLUFF COUNTY SHERIFF

1825 10th St., Gering, NE 69341

(308) 436-6666

Provides emergency funds through the Salvation Army.

www.scottsbluffcounty.org

SCOTTSBLUFF COUNTY COMMUNICATIONS CENTER:

(308) 436-5880-Mitchell, Morrill, Lyman, Henry, Terrytown, Melbeta, McGrew

Includes police, fire and EMS services.

www.scottsbluffcounty.org/911

MORRILL COUNTY COMMUNICATIONS CENTER:

(308) 262-1411-Morrill County Sheriff, Bayard, Bridgeport, Broadwater, Lisco

BOX BUTTE COUNTY LAW ENFORCEMENT CENTER:

(308) 762-4955-Box Butte County Sheriff, Alliance, Hemingford

www.co.box-butte.ne.us/sheriff

DAWES COUNTY LAW ENFORCEMENT CENTER:

(308) 432-0510-Chardon Crawford

www.dawescountysheriff.com

SHERIDAN COUNTY DISPATCH:

(308) 327-2161-Gordon, Rushville, Hay Springs

www.sheridancounty.com/sheriff

CHEYENNE COUNTY:

(308)254-2922-Cheyenne County Sheriff & Jail; (308) 254-5515 Sidney PD

EDUCATION/EMPLOYMENT ASSISTANCE

ADULT BASIC EDUCATION/GRADUATION EQUIVALENT DIPLOMA

WESTERN NEBRASKA COMMUNITY COLLEGE-Wilson Building

1601 E 27th St., Scottsbluff, NE – **PH:** (308) 635-3606

Offers education classes and testing for GED.

www.wncc.net

WESTERN NEBRASKA COMMUNITY COLLEGE

1601 E 27th St., Scottsbluff, NE – **PH:** (308) 635-6121

Services include junior college studies, counseling, career assessment, academic seminars, workshops and Associate Degree college classes.

www.wncc.net

WORKFORCE DEVELOPMENT-DEPT. of LABOR

505-A Broadway, Suite 300, Scottsbluff, NE 69361

ADVANCE SERVICES INC.

515 W 27th St., Scottsbluff, NE – **PH:** (308) 630-2328

Offers job placement and work force assistance.

<http://advanceservices.com>

VOCATIONAL REHABILITATION SERVICES

505-A Broadway, Suite 500, Scottsbluff, NE – **PH:** (308) 632-1321

Provides employment counseling and training.

www.vocrehab.state.ne.us

NATIVE AMERICAN EMPLOYMENT SERVICES

402 Overland, Scottsbluff, NE – **PH:** (308) 635-1554

Assist in attempting to make Native Americans more employable by providing job search skills, high school diploma. Pay up to half of the employee's salary.

HEALTHCARE

SCOTTSBLUFF COUNTY HEALTH DEPARTMENT

370 Ave. A, Scottsbluff, NE – **PH:** (308) 630-1430

Services include immunizations, school nursing, TB and AIDS testing, home visits, maternal and childcare.

www.scottsbluffcounty.org/health

REGIONAL WEST MEDICAL CENTER

4021 Ave. B, Scottsbluff, NE – **PH:** (308) 635-3711

Full service community hospital.

www.rwmc.net

HORIZON WEST MEDICAL CENTER

3911 Ave. B, Scottsbluff, NE – **PH:** (308) 630-2100

Full service community medical center.

www.horizonwestmed.com

MORRILL COUNTY MEDICAL

1313 S St., Bridgeport, NE – **PH:** (308) 262-1616

Full service community medical center.

BOX BUTTE GENERAL HOSPITAL

2101 Box Butte Ave., Alliance, NE – **PH:** (308) 762-6660

Full service community medical center.

www.bbgh.org

CHADRON MEDICAL CLINIC

300 Shelton St., Chadron, NE – **PH:** (308) 432-4441

Full service medical clinic.

CHADRON COMMUNITY HOSPITAL

821 Morehead St., Chadron, NE – **PH:** (308) 432-5586

Full service community hospital.

www.chadronhospital.com

HORIZON'S WEST URGENT CARE

3011 Ave. B, Scottsbluff, NE – **PH:** (308) 632-2215

Urgent medical care without an appointment. No insurance needed. Minor trauma, school and D.O.T. physicals, adult and child urgent care.

SATELLITE OFFICES:

Gering, NE – 1275 Sage St., Gering – **PH:** (308) 436-2101

Scottsbluff, NE – 3911 Ave. B, Scottsbluff (308) 630-2100 Medical Plaza South

QUICK CARE

3210 Ave. B, Scottsbluff, NE – **PH:** (308) 630-0800

Urgent medical care without an appointment. No insurance needed. Minor trauma, school and D.O.T. physicals, adult and child urgent care.

COMMUNITY ACTION PARTNERSHIP of WESTERN NEBRASKA {CAPWN}

3350 N 10th St., Gering, NE – **PH:** (308) 635-3089

Community Health Center– **PH:** (308) 632-2540

Dental Services – **PH:** (308) 632-2279

Early Head start/Transitional Living – **PH:** (308) 632-1500

Family Planning – **PH:** (308) 632-2540

Provides medical and dental services to low-income families.

Satellite Offices: Alliance, Chadron, Sidney, Kimball

509 W 5th St., Kimball, NE – **PH:** (308) 235-3048

www.pcsvcs.org

SOCIAL SECURITY ADMINISTRATION

415 Valley View Dr., Scottsbluff, NE

PH: (308) 635-2158 or 800 772-1213

Offers services for the aged, blind, disabled and survivors. Serves all 11 counties in the Panhandle.

www.socialsecurity.gov

HOUSING ASSISTANCE

HOUSING AUTHORITY and SECTION 8 {LOW INCOME}

89 A Woodley Park Rd., Gering, NE – PH: (308) 632-0473

300 S Potash #27, Alliance, NE 69301 – PH: (308) 762-5130

{Box Butte County does not accept application unless you have been without incarceration/supervision for 18 months.}

310 W 5th, Bridgeport, NE 69336 – PH: (308) 262-1690

740 Pine St., Chadron, NE 69337 – PH: (308) 432-3340

Assist low-income families with rent according to income.

<http://scottsbuffhousing.com/>

COMMUNITY ACTION PARTNERSHIP of WESTERN NEBRASKA {CAPWN}

3350 N 10th St., Gering, NE – PH: (308) 635-3089

Provides assistance for low-income families with housing.

Satellite Offices: Alliance, Chadron, Kimball, Sidney

www.pcsvcs.org

NE HEALTH AND HUMAN SERVICES

1600 10th St., Gering, NE – PH: (308) 436-6500

Provides assistance for low-income families with housing, day care, food pantry and medical care.

www.accessnebraska.com

www.hhs.state.ne.us

POTTER'S WHEEL INC. {Transitional Living}

1113 Ave. C, Scottsbluff, NE

Tony Bergmann, Director

PH: (308) 765-2200 Cellular

633-2888 Office

635-5300 Dayroom

This is a **men only** Christian based organization assisting transitioning parolees. This is a five unit apartment complex with a day room. Laundry facilities and library. Employment required and rent fees.

<http://pwtlp.com/>

Transitional Living Care Coordinator

Community Action Partnership of Western Nebraska

Sabrina Sosa-TLP & MGHTLP

1412 2nd Ave Apt. 3

Scottsbluff, NE 69361

PH: (308) 632-8811

Fax: (308) 635-0264

ssosa@capwn.org

NORFOLK AND VICINITY 24-HOUR CRISIS LINES

For Fire, Medical Emergencies and Police ... 911

Federal Bureau of Investigation 1-402-493-8688

Nebraska State Patrol ...402-370-3456

Emergency State Patrol ...1-800-525-5555

Poison Control Center...402-370-3456

Spouse Abuse...877-379-3798

Domestic Assault & Sexual Assault Program/ Family Violence & Sexual Assault

Toxic Chemical & Oil Spills (National Response Center) ... 1-800-424-8802

ALCOHOL/DRUG PROGRAMS/MENTAL HEALTH SERVICES

BEHAVIORAL HEALTH SPECIALIST – 900 West Norfolk Avenue, Norfolk, NE 68701 – PH: (402) 370-3140; Fax - (402) 370-3373 <http://www.4bhs.org/>
Provides counseling for mental health, anger control and drug and alcohol abuse.

FAITH REGIONAL HEALTH SERVICES MEDICAL OFFICES – 2700 W. Norfolk Ave., Norfolk, NE 68701 – PH: (402) 371-4880 <http://frhs.org/>
Offers drug/alcohol evaluations, intensive outpatient treatment for drug/alcohol, aftercare with one-on-one sessions, and gambling counseling. Morning educational classes.

OASIS COUNSELING INTERNATIONAL – 333 West Norfolk Avenue, Suite 201, Norfolk, NE 68701 – PH: (402) 379-2030 <http://www.ocinternational.org/>
Offers outpatient family and individual counseling, sex offender group therapy, alcohol and drug evaluations on a sliding scale fee.

ODYSSEY III – 401 South 17th Street, Norfolk, NE 68701 – PH: (402) 371-7215 <http://www.odyssey3.org/>
Individual mental health services, drug and alcohol abuse counseling, some individual sexual offender counseling.

EDUCATION ASSISTANCE

NORTHEAST COMMUNITY COLLEGE – 801 East Benjamin Avenue, PO Box 469 Norfolk, NE 68702 – PH: (402) 371-2025; Fax - (402) 371-0558
Study for the GED tests by taking the free NE. School Diploma Preparatory Classes available through the Adult Basic Education Department.

EMPLOYMENT ASSISTANCE

WORKFORCE DEVELOPMENT – 105 East Norfolk Avenue, Suite 100 Norfolk, NE 68701 – PH: (402) 370-3430; Fax - (402) 370-4431

FINANCIAL ASSISTANCE

CONSUMER CREDIT COUNSELING SERVICE OF NE INC. – 700-1/2 Benjamin Avenue, Norfolk, NE 68701 – PH: (402) 371-4656 or (800) 739-2227; Fax - (402) 371-7462
A non-profit organization providing free confidential counseling on debt repayment plans with office appointment or phone and mail counseling available.

HALFWAY – 3/4 WAY HOUSE – TRANSITIONAL LIVING

ANCHOR HOUSE – 1208 Norfolk Avenue, Norfolk, NE 68701 – Contact: Mike Sullivan – PH: (402) 750-7923; Beacon of Hope – 706 Koenigstein, Norfolk, NE 68701
This is a halfway house that offers aftercare for men who have been through treatment for substance abuse and/or mental health issues. There is a minimum commitment of 90 days. Owners and Directors of this facility are Rob Walton and Mike Sullivan.

LINK HALF-WAY HOUSE – 1001 Norfolk Avenue, Norfolk, NE 68701 – PH: (402) 371-5310; Mailing Address – P.O. Box 2007, Norfolk, NE 68702 – Fax - (402) 371-7483;
Residential housing and aftercare program for adult men who have completed treatment for chemical abuse within the past year.

COLUMBUS & LIVING WATER RESCUE MISSION (MEN'S/NEW LIFE/WOMEN'S HEALING HEART PROGRAM) – 1471 25th Ave, Columbus, NE 68601 – Contact: Chaplain David Porter - PH: (402) 563-1096 dave@columbusrescuemission.org or info@columbusrescuemission.org

This is a long-term (approx. 12 months) program to address the need for life-style changes. This program teaches responsibility and accountability as well as addressing addiction issues.

HOUSING ASSISTANCE

NORFOLK RESCUE MISSION – 111 North 9th Street, Norfolk, NE 68701 – PH: (402) 371-6484; Fax - (402) 371-2339
Temporary shelter.

SEX OFFENDER COUNSELING/PROGRAMS

OASIS COUNSELING INTERNATIONAL – 333 West Norfolk Avenue, Suite 201, Norfolk, NE 68701 – PH: (402) 379-2030 <http://www.ocinternational.org/>
Offers outpatient family and individual counseling, sex offender group therapy, alcohol and drug evaluations on a sliding scale fee.

ODYSSEY III – 401 South 17th Street, Norfolk, NE 68701 – PH: (402) 371-7215 <http://www.odyssey3.org/>
Individual mental health services, drug and alcohol abuse counseling, some individual sexual offender counseling.

SUPPORT GROUPS

AA MEETINGS 303 Madison Avenue, Norfolk, NE 68701 – PH: (402) 371-9859

**NA MEETINGS Monday – Norfolk Regional Center - 6:30 P.M.
Tuesday – Episcopal Church, 9th & Madison - 7:00 P.M.
Saturday – Episcopal Church, 9th & Madison - 7:00 P.M.**

**GA MEETINGS Tuesday – The Link, 1001 Norfolk Avenue - 6:30 P.M.
(ABOVE ADDRESSED ARE IN THE 68701 ZIP CODE)**

MISCELLANEOUS SERVICES

ASSOCIATED PSYCHOLOGIST & COUNSELORS – 1306 North 13th Street, Norfolk, NE 68701 – PH: (402) 371-8218 <http://www.apcnorfolk.org/>
This organization provides services, which include evaluations and anger control counseling.

CONSUMER CREDIT COUNSELING SERVICE OF NE INC. –1105S. 13th St. #205, Norfolk, NE 68701 – PH: (402) 371-4656 <http://www.cccsn.org/>
A non-profit organization providing free confidential counseling on debt repayment plans with office appointment or phone and mail counseling available.

NORFOLK RESCUE MISSION – 111 North 9th Street, Norfolk, NE 68701 – PH: (402) 371-6484; Fax - (402) 371-2339 <http://www.norfolkrescue.org/>
This is a temporary shelter in the event a parole program fails. This is not to be used as an initial parole program from the institutions.